

Nobel News

26th June 2026
Edition 14.9



From the Headteacher

Dear Parents, Carers and Members of the Nobel Community,

As we approach the end of another academic year, it is hard to believe how quickly the time has passed. June has been a month full of exciting events and celebrations across the school.

We were delighted to welcome the parents of our new Year 7 students for our Transition Evening, where we shared the importance of working in partnership to ensure every child has the best possible start to their secondary education. We are now looking forward to welcoming our new Year 7 students over the coming weeks as they spend a day with us to experience life at Nobel ahead of September.

We have also celebrated our Year 13 and Year 11 prom this week. It was wonderful to see our students dressed so smartly and excited to celebrate the end of an important chapter in their lives. Both proms have been exceptionally well organised, and I would like to extend my sincere thanks to the Sixth Form team and the Year 11 team for creating such memorable evenings for our students.

Parents will have read that, from September, we will be introducing mobile phone pouches in response to the feedback we received from families. The aim of the pouches is to help reduce students' screen time during the school day and further reinforce our expectations around mobile phone use. While Nobel has always been a mobile phone-free school, we believe these pouches will strengthen our approach and support students in remaining focused on their learning. I would also like to reassure parents that there will be no additional cost. The school will provide a pouch for every student in Years 7 to 11 as part of this initiative.

We are also pleased to announce that the school has successfully secured government funding to install electric vehicle (EV) charging points on site. As the use of electric vehicles continues to grow, these facilities will benefit both our staff and visitors to the school, including those attending our increasingly popular evening lettings.

I would like to thank parents for their support this week as we managed the exceptionally warm weather. We appreciate your understanding as we adapted to the challenging temperatures. With the forecast showing a return to more typical conditions next week, we kindly ask that all students return to wearing full school uniform, including blazers and ties.

Finally, the school would like to pay its respects to Peter Heppelthwaite, our former Chair of Governors, who recently sadly passed away.

Peter served as Chair of Governors from 2017 to 2022 and led the governing board through a significant period in the school's history, including the challenges presented by the COVID-19 pandemic. He gave a great deal to Nobel during his time, and his commitment and support were greatly valued. Our thoughts and deepest condolences are with Peter's family and friends at this difficult time.

**Best wishes,
Rav Phagura
Headteacher**

Maths UKMT Junior Competition

We had five Nobelians participate in the UKMT follow-on Junior Kangaroo competition. Students tested their problem solving skills working through a set of questions designed to challenge them to think deeply about mathematics and problem solving. Students worked hard, and the results are now in:

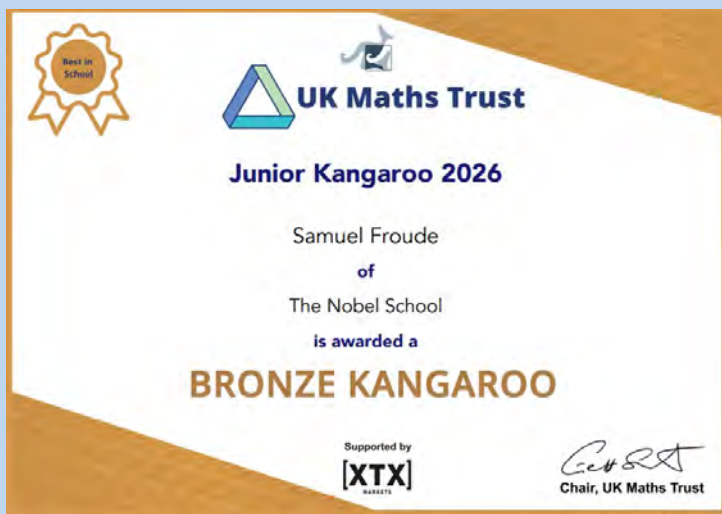
Congratulations to:

Samuel Froude - for scoring the highest in the school on the Junior Kangaroo maths competition, earning a Bronze award!

Liam Voss - for earning a Bronze award in the Junior Kangaroo maths competition!

Tommaso Forli, Myah Willmott, Finn Clynes - for participating in the Junior Kangaroo maths competition!

We are very proud of our Nobel Mathematicians!



Mrs C Slater
Teacher of Mathematics

Current House ABC Points Totals

June 2026	House	ABC Points
1st	Curie	46665
2nd	Eliot	46076
3rd	Mandela	42947
4th	Teresa	41210

Nobel Students Shine at National Mock Trial Regional Finals

On Saturday 6 June, fourteen students from The Nobel School travelled to Croydon Law Courts in East Croydon to compete in the Regional Finals of the Magistrates' Court Mock Trial Competition.

Having already achieved an impressive victory at the local heat held at Stevenage Magistrates' Court in March, our team faced an even greater challenge as they competed against thirteen other schools from across the United Kingdom.

In the morning round, our prosecution team took on the defence team from Belfast Royal Academy, who had travelled from Northern Ireland that very morning. Following a lunch break, our defence team faced the prosecution team from Blessed Thomas Holford Catholic College, whose students had made the long journey from Manchester.

Although the overall winners on the day were Colchester County High School for Girls, the Nobel team represented our school with exceptional professionalism, confidence and maturity throughout the competition. The feedback from judges was overwhelmingly positive, with comments including:

"Exceptional knowledge of the case"

"Very professional"

"You should be incredibly proud of your team"

Every student achieved a score of at least 8 out of 10 in their individual role, with several students receiving particularly outstanding praise for their performances and achieved full marks for their role.

The competition was the culmination of many months of hard work. Since October, students have dedicated countless hours to preparing witness examinations, legal arguments and courtroom speeches. Throughout the year, they have demonstrated commitment, perseverance, teamwork and resilience, growing in confidence with every practice session.

The team was supported on the day by our volunteer magistrates, Gill and Ian, whose expertise and encouragement have been invaluable throughout the competition. We are also grateful to Miss Sinclair and Miss Edgar, who gave up their Saturday to support the students.

While the competition has now come to an end, it has been an unforgettable experience for everyone involved. The students were a credit to themselves, their families and our school. Their conduct, determination and enthusiasm made them winners in our eyes, and we could not be prouder of everything they have achieved.

Congratulations to every member of the team on an outstanding year and a truly memorable performance at the Regional Finals.



Miss L Gant
Teacher of English

Leon Metcalf
Abbie Munday
Joshua Barrett
Louie Jeffries
Isla Brooke
Joshua Bassett
Hamidah Omisore
Harrison Gowlett
Elana Day
Jasmine Stiles
Alice Mihalache
Rebeka Samu
Hugo Dziemiach
Luna Kardhashi

Pride at Nobel

Nobel School celebrated Pride month with several activities throughout the week commencing 15 June. Students could purchase Pride themed cupcakes in the canteen, watch a Pride film and attend our Nobel Pride event after school on the Friday. The event was well attended by students and their families, where they were able to get face painting, go to the book and bake sales, play the human fruit machine, paint on our Pride mural or just spend time with friends. A huge thank you to all students and families who attended the event as we raised a good amount for charity. One of our students had this to say:

For me the Pride fair was a really fun event and I felt that I did not need to hide who I was.

It was really nice to see all my friends, come and support me.

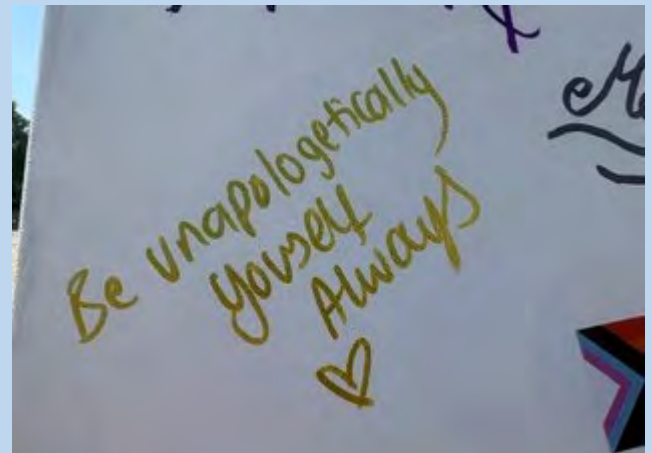
My family came and I was filled with joy.

Although some people laugh at Pride, I did not let that scare me, I felt more at home than ever.

From Kaylee V – Year 7



Miss M Perez-Lotcho
Head of Spanish



Nobel School's invitation to Buckingham Palace

Nobel School was privileged to be invited to the 70th Anniversary and Gold Award Presentation event taking place on 22 May at Buckingham Palace to represent Hertfordshire County Council Services for Young People. This is in recognition of the work our phenomenal DofE team have achieved in supporting our students across all levels of their DofE Award and our thriving DofE programme within Nobel. Recently, we have also been recognised as one of the top Local Authority schools within Hertfordshire County; this is only possible as a result of the work that Nancy Field, Louise Kite, Jordan Dutt and Courtney Slater - followed by the wider DofE team of staff, volunteers and Student Leaders - put into supporting our students weekly as they progress through their Awards. Thank you!

When at the Garden Party, I also met Imogen Spiller, a previous Nobelian Gold Award holder, and DofE Senior Student Leader who was being recognised for completing her Gold Award.

Miss L Steele

DofE Lead





**YOUTH
WITHOUT
LIMITS**

Thank you

to

The Duke of Edinburgh's Award participants

from

Nobel School (The)

who spent

3250 Hours

**volunteering between
1 April 2025 and 31 March 2026.**

We are immensely proud of the dedication, effort and achievement of young people making an impact in their community.

The social value of these hours is

£24537

Ruth Marvel OBE, Chief Executive

June 2026

Duke of Edinburgh Gold Training Day

Nobel has three groups completing their Gold Qualifying Expedition in the Dark Peaks next month and spent their training day working with two Mountain Leaders to prepare themselves for their final and most challenging DofE Expedition. Our students were trained on higher tier navigation, the importance of light weight food and most importantly, supported in their route plotting to ensure they created a route that was achievable. I'd like to take this opportunity to thank Bob Hemmings and Myk Devenish (our two wonderful MLs) who have supported students succeed throughout their DofE journey; many of our students embarking on this final Gold expedition have worked through Bronze and Silver before beginning their Gold Award.



Miss L Steele
DofE Lead

Congratulations also to James Evans (current Gold participant) who is the first of our DofE Student Leaders to complete his DofE Young Leader Programme.



Duke of Edinburgh Bronze Award

June has been a busy month for the Duke of Edinburgh team as over 70 Year 10 students completed their Training Expedition 5-6 June and their Qualifying Expedition 18-19 June. It was fantastic to see students put into practice the training they have worked hard on over the last year.

Training Expedition: student account – Christiana Stoyanova & Oli Janas

During our Duke of Edinburgh training expedition, we used the skills we were taught such as reading a compass, following a map, setting up a tent and using Trangias to cook our own food. On the first day, we walked along side a trained adult to assist us in navigation and teamwork. We walked for approximately six hours in a group of 7 in the Hertfordshire countryside to reach our campsite at Wymondley Woods. However, the hard work didn't finish there as we then had to set up our tents and begin cooking dinner, which varied among groups but a few variations included: pasta, hotdogs, rice and toasted marshmallows. After dinner we had some downtime and spent some time playing rounders and card games - no screens allowed! Then, it was finally time to go to sleep at 10pm for our early wakeup at 6am when we were met with wind and rain. However, all of the groups still worked together to make breakfast and get everything packed up and ready for day 2 walking to Bennington without the help of an adult. I think this experience really brought my year group together and taught us many important skills such as independence and resilience, as well as being very fun and different from the classroom environment.

The Training Expedition was really fun, and I am looking forward to the Qualifying DofE Expedition. Additionally, all the staff worked very hard to help us and were very efficient in the organisation and behaviour of students, thank you!

Qualifying Expedition

Two weeks after the Training Expedition, students were ready to take on the final step in their Duke of Edinburgh journey. This time, the forecast was significantly better so we swapped waterproofs for sun cream and woolly hats for sunhats!

Students arrived at school for 8am ready for all the pre-expedition checks before hopping on a coach to their start point (either Dane End or Cottered) to embark on a day's walking in the beautiful countryside. Groups spent 6-8 hours independently navigating their pre-planned route, working on their aim and making memories for life. Despite a few wrong turns and the occasional moan about the heat, students all arrived at the campsite ready to set up camp for the night, their evening was a busy one: putting up their tents and unpacking their bags; playing ball games and card games; cooking and enjoying a 2-course dinner on their trangias.

After a slightly warm night's sleep, students were up at the crack of dawn and out of the campsite by 8am ready for their second day of walking. The temperature was slightly higher, but so were the spirits! With a couple of extra water stops and lunch in shaded areas, students showed great resilience and completed their expedition feeling very proud and accomplished.

As a staff team, we would like to congratulate all of the students who successfully completed their Bronze award this year, it is always a privilege to see their hard work and determination come into fruition. We hope to have encouraged and inspired the students to develop a love for the outdoors and recognise they can achieve great things when they push themselves out of their comfort zone.

Mr J Dutt and the DofE team



Health and Social Care Visit

Last week, the Hertfordshire Visual Loss Team delivered an engaging session to Year 12 Health and Social Care students. The presentation covered a range of vision impairments, including glaucoma, macular degeneration, diabetic retinopathy, and congenital conditions. The team also explained how these conditions can impact daily living, education, employment, and social development.

Students gained valuable insight into how individuals with visual impairments manage day-to-day tasks. They explored a variety of practical resources, such as sleep masks and simulation (sim) specs, to better understand visual challenges. In addition, the session highlighted the use of assistive technology and equipment, including liquid level indicators and talking kitchen devices, which support independence.



Miss J Savo
Head of Health and Social Care



Dates for your Diary

- 6 July Nobel Formal Awards Evening
- 8 and 9 July Mary Poppins performance
- 9 July Transition Day
- 10 July Sports Day
- 17 July Last day of term (finish at 12.20pm)



Football News and Congratulations

Leo McAneny (Yr 7 Mr Gilbert) was selected as the goalkeeper for the Stevenage FC Pathway Under 12 team in the Hageland Tournament in Belgium.

The tournament had teams taking part from Belgium, The Netherlands, Germany, Denmark, England, Ireland, Scotland and Wales.

The Stevenage FC team won five of their six matches; only losing to the eventual tournament winners from Belgium.

The tour was a great experience for the players. For many it was their first time playing abroad and they represented the club extremely well, on and off the pitch.



Leo also played in goal for Bedwell Rangers U12 Dortmund, winning the SCI Trophy in Hunstanton in May; and this weekend when they won the Shield Final at Welwyn FC tournament.

It has been a busy time for tournaments! 😊



International Running Day



International Running Day at Nobel on Friday 5 June was a fantastic success, with over 35 students joining, including past running club members from year 11 and 13, 4 members of staff and a parent.

It was great to see so many people involved in a joint goal of keeping fit and having fun. Exercise is a great way to relax at the end of the week. If any students would like to join Running Club, we meet in PE kit in reception on a Friday after school for a run around Fairlands.

If you have any questions please ask one of the teachers who run Running Club, Miss Pearson, Mr Mesher or Mr Whitten.

Miss Pearson
Head of Science



Year 8 Cricket Congratulations

Well done to the Year 8 cricket team who recently took on and beat Fearnhill in their last game of the hardball season. Whilst we have one final Calypso tournament to play, the hardball league is now complete with games being played vs Priory, St Chris and Fearnhill. The team have come on massively over the season and there have been some great standout moments from across their games. Well done to all the boys involved in the team this year!

Mr J Ferguson
Teacher of PE



School Notices

Dear Parent/Carer,

From September 2026, the eligibility criteria for Free School Meals (FSM) will be changing. From the start of the new school year, all parents/carers who are in receipt of Universal Credit will be eligible for Free School Meals, regardless of the amount received.

Applying takes around 5 minutes, and you will need your National Insurance number. Applications can be made using the following link: [Free school meals and other benefits | Hertfordshire County Council](#). **There is no requirement for pupils who are already receiving Free School Meals to re-apply**

We encourage you to apply even if you have previously been told you were not eligible. Not only will your child receive a hot, nutritious meal at lunchtime, but the school could also receive additional funding to support pupils. If you require any further information or support with your application, please contact the school.

Kind regards

Nick Brown
Assistant Deputy Head

CHOREO-CITY

DANCE COMPANY

NEW DANCE CLASSES STARTING
THIS SEPTEMBER!



STREET DANCE



BALLET

CONTEMPORARY

JAZZ



CHEERLEADING



BOLLYWOOD

DANCE PARTIES

MORNING/LUNCHTIME/AFTER


SCHOOL DANCE CLUBS


WORKSHOPS


SCHOOL PROGRAMS

CLASSES AVAILABLE FOR

AGE 4+

 WWW.CHOREOCITYDANCECOMPANY.COM

 CHOREO.CITY@OUTLOOK.COM

 07502 396633- LUCY

  @CHOREOCITYDC

Library News


June is National Crime Reading Month, presented by The Crime Writers' Association, in partnership with The Reading Agency. It is a chance to really celebrate some amazing crime writing authors, highlighting both crime fiction and non-fiction books. It could be you are already an avid fan and are looking for a new author to try or you haven't read a crime novel yet and would like to read your first one in this genre.

We have a wide range of your favourite authors including Holly Jackson, Robin Stevens, Sue Wallman and Sharna Jackson to name just a few, available from the library. Pop along to find your next mystery read!



Overdue Library Books

A friendly reminder to please have a good look around and see if you can find any overdue library books. Please return to the library as soon as possible.
Thank you.



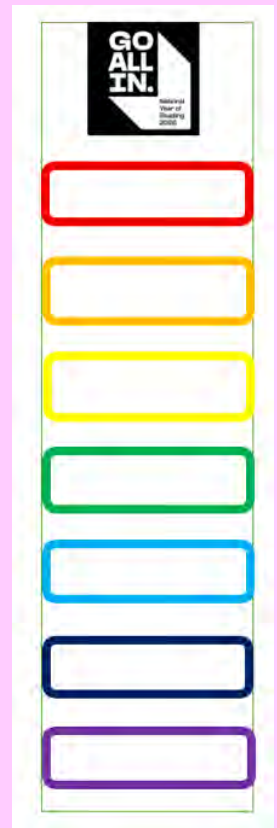
Rainbow Reading Challenge

Last few weeks remaining.

Indigo is the penultimate colour to read for our library challenge as part of the National Year of Reading.

Simply read a library book then write a review. House points are awarded and when you submit 4 or more reviews, you will be entered into our prize draw.

Deadline for all book reviews is Friday 10 July.



My Voice

Volunteer for the Summer Reading Challenge



1 in 5 children cannot read well by the age of 11.

The Summer Reading Challenge, with the support of public libraries, is on a mission to change this!


Give 12 hours of your summer

- Help children register
- Talk to children about their books
- Give out rewards
- Help keep the Children's Library running smoothly

Scan Me to learn more and sign up or ask in your local library.



THE READING AGENCY Summer Reading Challenge



Each week we have a
Genre focus
This week is Fantasy



Pop into the Library for
recommendations and to look at
our display

Library Opening Times

Monday 8:15am to 4:15pm
Tuesday 8:15am to 4:15pm
Wednesday 8:15 to 4:15pm
Thursday 8:15am to 4:15pm
Friday 8:15am to 3:45pm

Also remember, you have

Accessit
LIBRARY

Sparx Reader

whenever you need them

NOBEL SCHOOL PARENTS, STAFF and COMMUNITY BOOK GROUP

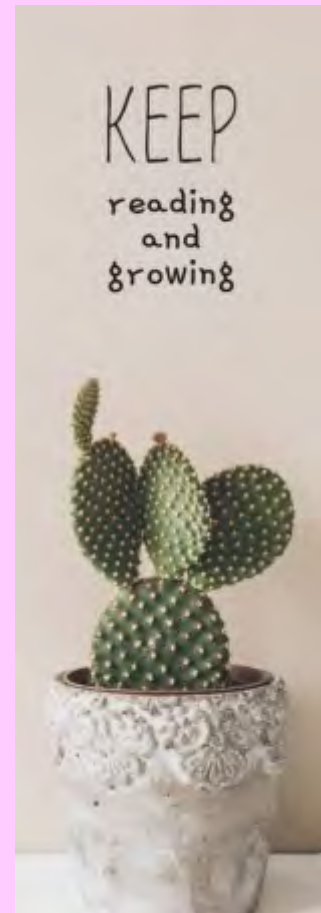
The next meeting will be held in the Library,
6:30pm, on Tuesday 14 July 2026.

The book to read is:



Read all or part of the book and discuss it in a
friendly informal group

Contact: Amanda Hawke:
01438 222600



Developing Character

Dear Students and Parent/Carers

For the two weeks between 22/06/26- 03/07/26 the character focus is our Nobelian virtue of being **AMBITIOUS**.

The Character Conundrum for the fortnight is below. Please can you take some time during the fortnight to read through this with your child and discuss what the right moral choice would be.

Character Conundrum 18 – AMBITIOUS

Jacob has a good group of friends and recently many of them have signed up to Snapchat. Some of the posts are harmless enough but sometimes people post things that are inappropriate and are likely to cause offence. Jacob's friends want him to create an account, but he has heard that companies can search your internet history and he is worried that, if he was to be linked to some of these posts, it could jeopardise his future plans. Should his career ambitions get in the way of a little fun with his friends?


Support

Aside from the harm that malicious posts can cause, many young people do not understand the damage that they can do to their own lives. A standard procedure for many big companies in today's world is to conduct a search on potential applicants. There have been many high-profile examples of people in the media publicly apologising for posts from their past; in some cases, this has resulted in them losing their job or lucrative sponsorship deals. Students need to understand that anything posted can be found – no matter how much they try to delete them. As soon as they post something online, they give up any rights to the image/video and these can be reposted/edited etc. Being part of a group is included under the term joint enterprise and therefore anyone in the group is equally accountable as the 'poster'.


Questions

- Can you identify the moral dilemma in this situation?
- Should Jacob join the group or is it irresponsible to do so? Why?

- Do you agree with the joint enterprise rule? Explain why?
- Does Jake have a bigger role to play here if he knows that frequently his friends are posting inappropriate or harmful content?
- Would you put a future career plan ahead of being popular with your peers right now?
- Do you think companies should be able to access posts from years ago and then use them in their decision making when appointing for jobs?



How to support your child using GCSEPod



What is GCSEPod?

GCSEPod is an award-winning expert in Subject Knowledge. We provide 3-5 minute bursts of audio-visual, teacher written learning which can help to reinforce and consolidate key GCSE topics covered in lessons.

Experts read and explain everything clearly including all the right facts, quotes, keywords, dates and diagrams on screen.

Tips & Tricks


- **Watch online or offline!** Ask your child to download some Pods to their mobile device, this way they are free to expand their knowledge wherever they go.
- **Create Playlists!** Use the My Playlist area to create bespoke playlists on topics that they may find challenging. Having a personalised playlist means your child has fast access to Pods that will help to fill in knowledge gaps.
- **Use Favourites!** Challenge your child to a favourite 10 Pods on topics they find difficult/challenging. Watch the Pods together and use one of our other suggested learning techniques to help simplify what it is they're struggling with.
- **Memory Games!** Watch the Pods and then together write key facts, dates, diagrams and quotes. Then test their knowledge to see how much they remember.
Top Tip! Turn it into a competition and reward your child for correctly answered questions. If you're stuck on what questions to ask your child then head over to our 'Quiz your Child' document.
- **Support Homework!** GCSEPod isn't just for revision, it's to help expand your child's subject knowledge. If your child is struggling with a piece of homework, you can search for the topic on GCSEPod and use the Pods as an additional resource.

Does your child know they have access to GCSEPod?

If your son or daughter have already activated their account, they simply need to log in with the username and password they've created.

If they've not yet activated their GCSEPod account, simply follow these simple instructions:

1. Go to www.gcsepod.com
2. Click **Login**
3. Click **New Here? Getting Started**
4. Ensure they've selected they are a **Pupil**
5. Enter their personal details as requested
6. Create a Username and Password



GCSEPOD.COM INFO@GCSEPOD.COM 0191 338 7830

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Developing Character

For the two weeks between 06/07/26 - 17/07/26 the character focus is our Nobelian virtue of being **RESPECTFUL**.

The Character Conundrum for the fortnight is below. Please can you take some time during the fortnight to read through this with your child and discuss what the right moral choice would be.

Character Conundrum 19 – RESPECTFUL

Abi has a small group of close friends, but her best friend is Freya. They have always been close since primary school and share everything. One day Freya asks to speak to Abi and tells her that she is gay, has always known really, but is worried about telling her other friends and parents. Abi feels let down as, although she had pretty much guessed as much, Freya had not shared this with her earlier. Freya asks her not to tell anyone but later that week some of the other friends are with Abi and the topic of Freya's sexuality comes up. Should she tell them about the conversation with Freya – I mean, they all pretty much know anyway?

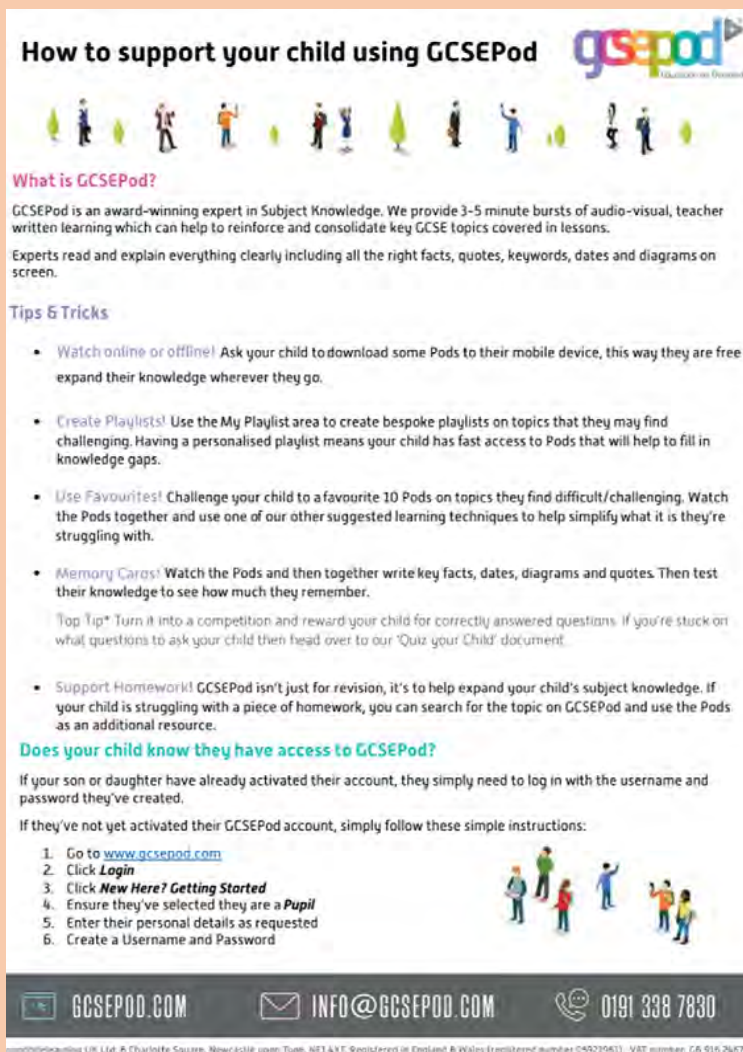
Support


This is a pretty cut and dry situation in that Abi must respect Freya's right to privacy. The only grey area here being whether Abi feels that Freya is struggling with her sexuality to the point where she could do herself some harm. If these were the case, then Abi should absolutely confide in a trusted person, however this should not be her group of friends - most likely Freya's parents or a trusted adult at school. The difficulty here being that Abi has to make a judgement about this and almost certainly Freya will not be pleased that Abi has betrayed her confidence.

Questions

- Can you identify the moral dilemma in this situation?
- Does Abi have a right to be hurt that Freya did not share this with her earlier?
- Should she keep this a secret – particularly from Freya's parents?

- Would it cause any harm to chat to her friends about this if they have pretty much guessed anyway?
- Do you think it sounds likely that Freya could harm herself based on the information above?



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6. Create a Username and Password



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Warm regards
Mr N Brown
Assistant Headteacher

**HERTS
SUMMER
PARKS**

**FREE
PARKS
FESTIVAL
WITH FREE FOOD**



Coming to
STEVENAGE
Ages 12–16

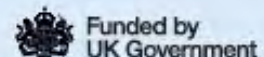
WHERE

King George V
Playing Fields
Sish Lane
SG1 3LS

WHEN

Fridays
7th August
14th August
21st August
3pm–6pm

Register
here





Are you a family with children and young people aged 0-25 with Special Educational Need and/or Disabilities looking for local activities?

The SEND directory promotes a wide range of local activities and support groups, some activities will also include discounts for families registered for our Herts Card (SEND).

www.hertfordshire.gov.uk/SENDdirectory



FREE DROP IN SESSION



Come along to meet other parents, have a coffee/tea and hear about support and advice available in the SEND world

no booking or appointment needed

Calling all Parents

Do you have a child with SEND?

- Find out about local services
- Meet other families
- Advice and support

SERVICES ATTENDING:-

Herts MIND	Messy Minds
Supporting Links	Tracks
Step2Skills	Lending Space
Phoenix	Home Start
Angels	SET Family Support
ADDvance	Well Being Junction
Family Centre	Herts Parent Carer Involvement

DATES & VENUE:
 17th March 2026, 10am-12pm, Moss Bury School, Stevenage SG1 5PA
 16th June 2026, 10am - 12pm, Pear Tree School, Stevenage SG2 9GG
 Tel: 01438 233900 | Email: dspl2@peartreesprings.herts.ac.uk



Delivering Special Provision Locally





**FAMILY
HUBS**

Best Start Family Hub and Healthy Babies Partnership Event - Stevenage

We need your support!

In Hertfordshire, we are building on the strong foundations of our Family Centre Service to introduce Best Start Family Hubs, strengthening how we support children, young people and families. If you are a professional working with children and young people in Stevenage (0–19, or up to 25 with SEND), we warmly invite you to join us for this important partnership event.

Your insight and experience are vital to meaningfully shape the future priorities of our Best Start Local Plan. This event will be an opportunity to come together, share perspectives, and help shape a joined-up approach that puts families and children at the centre.

At the event, we will:

- Hear about the shared ambitions for joining up services in line with the Best Start in Life Strategy.
- Explore what families have told us matters most when accessing services, and how we can deliver on these priorities through our Best Start Local Plan.
- Co-produce the Best Start Family Hub network model, agreeing how we work in partnership and our collective commitment to improving outcomes for children and families.

Find out more about the Best Start Family Hub and Healthy Babies programme in Hertfordshire on our website - www.hertfordshire.gov.uk/beststart



Mon 29th June 2026

09:30AM - 12:00PM

Hertfordshire
Development Centre,
Six Hills Way,
Stevenage, SG1 2FQ

Visitor parking
available

Book your place now - <https://bit.ly/4tMiHbc>



Here for young people
Here for communities
Here for you



You are warmly invited to attend the:

Children, Young People and Families (CYPF) Partnership Day

on Tuesday 29th September 2026 9.00am - 3.30pm
At The Fielder Centre, Hatfield, Herts, AL10 9TP



An opportunity to learn the latest developments in supporting children, young people and families. Plus, a chance to network with partners, including a market stall area.

On the agenda:

- Keynote speakers: Children's social care reforms and new Best Start family hubs
- Local updates on young carers, and Hertfordshire's new Crisis Resilience fund.
- VCFE led 'Prevention in Practice' session.



FREE to attend.
Refreshments and lunch
will be provided.
Please apply via:
[CYPF Partnership Day](#)

Plus, special guest speaker Mark O'Sullivan - Successful television writer, director, and actor.
Mark's 2024 Channel 4 documentary 'My Sexual Abuse: The Sitcom' follows Mark's journey exploring the abuse he suffered as a child, and his attempts to make a sitcom about his experiences was awarded the prestigious Royal Television Society 2025 Programme Award for Art.
Mark launched the Making Lemonade platform including podcast, talks, workshops, and live events focussed on how creativity can transform difficult experiences into positive outcomes, effectively turning lemons into lemonade.





Collection

Talking ASD & ADHD: *FREE* for parents in Herts



A series of workshops for parents and carers of young people with (diagnosed OR suspected) ASD & ADHD, commissioned by Hertfordshire County Council to provide FREE support, information and advice for families of children living and/or schooling in Herts.

Events in this collection



Talking ASD & ADHD: Responding to Anger (837) For parents/carers in Herts.

Tue, Jun 2 • 9:30 AM GMT+1

Free



Talking ASD & ADHD: Stress & Anxiety (838) For parents/carers in Herts.

Mon, Jun 8 • 7:30 PM GMT+1

Free



Talking ASD & ADHD: Tech Use (839) For parents/carers in Herts.

Tue, Jun 16 • 7:30 PM GMT+1

Free



Talking ASD & ADHD: The Teenage Years (840) For parents/carers in Herts.

Wed, Jun 24 • 7:30 PM GMT+1

Free



Talking ASD & ADHD: Responding to Anger (871) For parents/carers in Herts.

Mon, Sep 21 • 7:30 PM GMT+1

Free



Talking ASD & ADHD: Stress & Anxiety (869) For parents/carers in Herts.

Wed, Sep 30 • 7:30 PM GMT+1

Free



Talking ASD & ADHD: School Avoidance(872) For parents/carers in Herts.

Wed, Oct 21 • 7:30 PM GMT+1

Free



Talking ASD & ADHD: Tech Use (870) For parents/carers in Herts.

Thu, Nov 19 • 9:30 AM GMT

Free

Stevenage Positive Pathways 2026 Summer Holidays



Join us this summer!

at Stevenage Young People's Centre

St George's Way, Stevenage
SG1 1XY

Monday to Friday

27 July to 14 August 2026

5-8 pm each day



For all young people aged 12-16

Positive Pathways summer 2026

Fun and engaging activities for you to...

- Make new friends and build confidence
- Make informed decisions and set goals
- Tackle anything that's bothering you
- Stay safe online and in your community
- Feel supported and good about yourself
- Learn about healthy relationships
- Improve your physical and mental health

Tel: 01438 843340 Text: 07507 240014
SfYP.stevenage@hertfordshire.gov.uk
www.servicesforyoungpeople.org

X   @HCCSFYP

Contact the SfYP
Stevenage Team
or to **book scan for an**
online booking form



Parent & Carer Support

Autumn Term 2026



FREE to parents and carers living in Hertfordshire

TALKING ADDITIONAL NEEDS

A 6-week group for parents and carers of children **2-19**, with any additional need. Your child does not need a diagnosis.

- Understand your child's behaviour.
- Develop strategies that really work.
- Reduce conflict.
- Improve emotional regulation.
- Explore sensory needs.
- Increase your child's resilience.
- Manage different needs in your family.



Tuesdays 8.00 – 9.30pm

15th Sep to 20th Oct ages **10-19**
Online Course ID 864

Tuesdays 9.45 - 11.15am

3rd Nov to 8th Dec ages **2-19**
Online Course ID 859

Wednesdays 7.00 - 9.00pm

4th Nov to 9th Dec ages **2-19**
F2F Course: ID 858
Longdean School
Hemel Hempstead

TALKING FAMILIES

6, weekly sessions for parents and carers of children aged **0-12** sharing tips on:

- Managing behaviour with consistency.
- Encouraging positive behaviour.
- Building your child's self-esteem.
- Setting and maintaining boundaries.
- Responding to tantrums and difficult feelings in children.
- Developing a strong parent/child relationship now and for the future.



Thursdays 8.00 - 9.30pm

17th Sep to 22nd Oct
Online Course ID 861

Wednesdays 9.45 - 11.15am

4th Nov to 9th Dec
Online Course ID 860

TALKING ANXIETY

6, weekly sessions for parents and carers of children **3-19**, supporting you to:

- Understand why young people and adults get anxious.
- Develop strategies to handle anxiety in yourself and others within your family.
- Recognise the early signs of anxiety.
- Reduce stress and tension.
- Encourage resilient behaviour.



Wednesdays 7.45 - 9.30pm

4th Nov to 9th Dec
Online Course ID 862

TALKING DADS

6, weekly sessions for dads & male carers of children **0-19**, sharing information on:

- Improved listening and communication skills.
- A healthy dad-child relationship now and for the future.
- Effective strategies for dealing with anger and conflict.
- How to enforce boundaries.
- Being the dad, you want to be.



Supporting Links
Promoting Strong Family Relationships

Wednesdays 7.45 - 9.15pm

16th Sep to 21st Oct

Online Course: ID 867

Tuesdays 7.45 - 9.15pm

3rd Nov to 8th Dec

Online Course: ID 868

TALKING ANGER in TEENS

6, weekly sessions for parents and carers of children aged **11-19**, supporting you to:

- Understand why children & adults get angry.
- Develop strategies to handle anger in yourself and others within your family.
- Recognise the early signs of anger.
- Reduce conflict and arguments.
- Encourage positive behaviour.



Tuesdays 7.45 - 9.30pm

15th Sep to 20th Oct

Online Course: ID 863

TALKING TEENS

6, weekly sessions for parents and carers of children aged **12-19**, covering:

- The Teen Brain: the changes taking place and why behaviour changes.
- The link between behaviour and communicating difficult feelings.
- How to maintain your relationship with good communication.
- Understand risk taking behaviour around drugs, alcohol and gang culture.
- How to negotiate and reduce conflict.



Wednesdays 7.45 - 9.15pm

16th Sep to 21st Oct

Online Course: ID 865

Wednesdays 7.45 - 9.15pm

4th Nov to 9th Dec

Online Course: ID 866

Booking essential. Please Quote the Course ID

To check eligibility and book a place, please contact Supporting Links on:
07512 709556 or bookings@supportinglinks.co.uk

These courses are provided free to parents by Hertfordshire County Council's Targeted Parenting Fund

Information taken on booking will be used to process your booking, check your eligibility, identify any access needs and will be stored in accordance with our GDPR policy which is available on request





Shephall Dental

246 Shephall Way

Stevenage

SG2 9RE

01438351556

shephalldental.surgery@nhs.net

Dental Care for Children

Why Regular Dental Visits Are Important

Dental care is vital for maintaining healthy teeth and gums, especially in children. Starting early helps prevent dental issues like cavities and gum disease while encouraging good oral hygiene habits for life.

What NHS Dental Care Covers for Children

Children under the age of 18 are entitled to free NHS dental treatment. This includes:

- Routine dental check-ups.
- Fillings, extractions, and other necessary treatments.
- Advice on diet and toothbrushing techniques.

Top Tips for Healthy Teeth

1. **Brush Twice a Day:** Use a fluoride toothpaste. For children under 6, ensure they use only a peasized amount.
2. **Reduce Sugar Intake:** Limit sugary snacks and drinks, especially between meals.
3. **Regular Check-Ups:** Visit the dentist every 6 months or as recommended.

How to book Your Child with an NHS Dentist

- Contact a local NHS dental practice and ask if they are accepting new patients. We are currently accepting UNDER 18s on the NHS please call us on: 01438351556 to arrange.
- Mention that you're registering a child for NHS dental care.
- Book a first appointment and bring any relevant medical details or complete forms as requested.

Contact Us for More Information

Here at Shephall Dental we are currently accepting patients:

- Under 18s on the NHS or privately
- Adults £50 for an examination or appointment including X-rays

If you have questions or would like to book an appointment, feel free to reach out to us.

Telephone: 01438 351556 Email: shephalldental.surgery@nhs.net

We're here to support your family's dental health journey!