

Subject: Health and Social Care

Level: AAQ Cambridge National

Exam Board: OCR



Course Outline

Health and Social Care is aimed at students who are considering a vocational career in the health and social care environment and who wish to build up the key knowledge and practical skills required.

What will I learn on this course?

This qualification will also help you develop independence and confidence in using skills that are relevant to the sector and that prepare you for progressing to university courses where independent study skills are needed.

You will develop the following transferable skills such as:

- Communicating and collaborating effectively with individuals
- Creating and presenting/delivering information to an individual.
- Independent learning, spending time outside of lessons completing research solve problems.
- Researching topic areas and recording research sources, then using them to interpret findings and present evidence.
- Recommending care and support for individuals.
- Presentation skills by presenting recommendations to others.
- Problem solving health and social care problems for others

Who would be a successful student of Health and Social Care?

You might be interested in this qualification if you want a small qualification that builds applied or practical skills, to take alongside and enhance your A Levels or other Level 3 qualifications.

You will have the opportunity to apply what you learn to real-life contexts, such as:

- Recommending support for individuals.
- Presenting advice and guidance.
- Communicating and building relationships

Career Opportunities

This course will appeal to students who have a genuine interest in health and social care and you will find this course useful if you wish to follow a career in the following areas:

- Apprenticeships
- Nursing
- Midwife
- Other Health care professionals such diagnostic radiography
- Social work
- Teaching higher education on science-based courses and other vocations.

Course Structure

For this qualification, students will complete six units:

Two mandatory externally assessed units in:

Principles of health and social care

Anatomy and physiology for health and social care

- Two mandatory NEA units in:

Person-centred approach to care

Supporting people with mental health conditions

- Two optional NEA units:

Supporting people in relation to sexual health, pregnancy and postnatal health

Supporting healthy nutrition and lifestyles