

Nobel News

24th October 2025
Edition 14.2



From the Headteacher

Dear Parents, Carers, and Members of the Nobel Community,

It has been a busy and exciting half term at Nobel, filled with events, trips, and special visitors.

We began the term with our Open Evening at the end of September, a vibrant and well-attended event that gave us the opportunity to showcase everything Nobel has to offer. A huge thank you to all the students who supported across departments, acted as tour guides, and assisted with lighting and presentations, as well as to our Student Presidents and Vice Presidents for their leadership and enthusiasm.

Our Year 9 students had the fantastic opportunity to visit the battlefields of Belgium, an enriching trip that brought their history studies to life. Meanwhile, our Year 11 Silver and Year 12 Gold Duke of Edinburgh qualifying expeditions took place in the Chiltern Hills, where students demonstrated great teamwork, perseverance, and resilience, even in the rain.

We also hosted the Year 10 and Year 11 Information Evenings, giving parents insight into how best to support their children through Key Stage 4. To round off the first week of October, our Year 7 students enjoyed their first school disco, organised by our wonderful Friends of Nobel and supported by the Year 7 tutor team, thank you to everyone involved for making it such a great evening.

Mrs Shakespeare had the privilege of representing Nobel at the Chinese Embassy in the UK, attending a grand reception to celebrate the 76th anniversary of the founding of the People's Republic of China. We were honoured that she was invited and we were warmly thanked by the Chinese Art Exchange Association for her contribution to promoting Chinese - British cultural exchange.

We were also delighted to welcome back former student Kit Brown, who delivered an inspiring talk at the "Herts for Learning Big Talk" event. Kit shared his journey from Nobel to becoming a primary school teacher and spoke about how his love for English began here at Nobel. It was a proud moment to see one of our alumni doing so well, and we look forward to welcoming him back again soon.

This week, we held a very successful and well-attended Sixth Form Open Evening. It was another fantastic opportunity to highlight the broad range of courses and experiences available to our students. A reminder to Year 11 parents, please ensure Sixth Form applications are completed and returned to school as soon as possible.

We ended the half term with a wonderful celebration of Black History Month, including a vibrant cultural lunch where students showcased their heritage through food and music. It was a fitting to a half term focused on community, diversity, and excellence.

As I reflect on my first term at Nobel, I am immensely proud of the commitment, positivity, and spirit shown by our students and staff. Together, we are united in our shared vision 'The Pursuit of Excellence' and I look forward to building on this in the next term.

We close the half term on a record high of over 50,000 house points awarded, a fantastic achievement that reflects the hard work, kindness, and ambition of our students. Let's carry this positive momentum forward. Wishing you all a restful and enjoyable half term break.

"The purpose of education is to turn mirrors into windows." Sydney J. Harris

**Best wishes,
Rav Phagura
Headteacher**

Monday 10 November 2025

Nobel School Coffee Morning

MENTAL HEALTH & WELLBEING



NOVEMBER

TIME

LOCATION

10

11:20

**School
LIBRARY**

Drop in for a chat and discuss the Nobel School approach to Mental Health and the importance of building resilience.

Mr Camp the Mental Health Coordinator & Director of Alternate Provision will be presenting a talk.



We look forward to seeing you then!



Please confirm your attendance at this event through the following link:

<https://forms.office.com/e/VXAEWbX0m8>

Year 7 Food Club in The Nobel Bake Off classroom



Year 7 Food Club is an oversubscribed club with students on the waiting list for the spring and summer term. The students first challenge was savoury, shaped bread rolls. There was lots of fun and laughter as students were cooking to music. Everyone made superb bread rolls.



Mrs M Appleby
Head of Food

Current House ABC Points Totals

17th October 2025	House	ABC Points
1st	Curie	10707
2nd	Eliot	9425
3rd	Teresa	9384
4th	Mandela	8131

FONS News

On Friday 10 October the Yr 7/8 disco took place. Again it was a great success with over 250 students attending. Our ticket sales raised around £900 which will go towards things to benefit the school and student. FONS members were there to sell sweets, crisps and drinks to raise even more money.

For information on FONS please email Kym - kymarthur@btinternet.com

Upcoming dates

Tuesday 25 November - FONS meeting
Monday 26 January - FONS meeting
Tuesday 24 February - FONS meeting
Monday 27 April - FONS meeting
Tuesday 16 July - FONS meeting
Monday 6 July - FONS meeting

Our meetings are held in the school library at 7pm.

Watch out for future events to be added soon.

Kind Regards
FONS Committee

100 Club News

FONS also run a monthly raffle draw called the 100 club which costs £2 a month. For information about how it works please contact Jodie - jlaingseattle@gmail.com

Winners

The 100 club winners for August and September are below.

August 100 Club drawing winners

1st prize	S. Betts	96	£19
2nd prize	M. Reah	71	£13

Sept 100 Club drawing winners

1st prize	A. Tooley	44	£19
2nd prize	A. Castle	67	£13

Dates for your Diary

- OCTOBER HALF TERM - 27 - 31 October
- Monday 3 November - School restarts for all 8:30am
- Yr 9 Options Fair - Thursday 6 November (3:30-6pm)
- Flu Vaccinations - Friday 7 November
- Whole school Meet the Form Tutor Event Wednesday 12 November (1:00pm-6:30pm) School closes to students at 12:00pm
- Yr 9 Celebration Breakfast - Thursday 13 November 7:45am



Year 9 Visit to the Battlefields 1 - 3 October 2025

In October, 45 of our Year 9 students embarked on an educational visit to many of the World War I battlefield sites in Belgium and northern France. The trip provided a valuable opportunity to deepen their understanding of the conflict, pay respects to those who served, and reflect on the cost of war. Sites visited included Tyne Cot Cemetery, the Vimy Ridge Memorial, Essex Farm Casualty Clearing Station, and the Menin Gate, where our students also took part in the daily Last Post ceremony by laying a wreath which was particularly moving.

Our first major stop was Tyne Cot Cemetery, the largest Commonwealth war cemetery in the world. Located near Passchendaele, it is the final resting place of nearly 12,000 servicemen of the British Empire. The scale of the cemetery left a deep impression on the students, prompting thoughtful discussion and moments of quiet reflection. Many were struck by the personal inscriptions on the gravestones and the sheer number of unknown soldiers commemorated there.

Next, we visited the Vimy Ridge Memorial in France, a stunning monument dedicated to the Canadian soldiers who fought and died during the Battle of Vimy Ridge in 1917. The memorial stands atop the ridge itself, with panoramic views of the surrounding countryside. The visit highlighted the contributions of the Canadian forces and demonstrated the shared sacrifices made by soldiers from across the Commonwealth.

At Essex Farm Casualty Clearing Station, students learned about the role of battlefield medicine during the war. This site is also significant as the place where Canadian physician John McCrae is believed to have written his famous poem *"In Flanders Fields"* which was read by Mrs Fryer during the visit. The preserved bunkers and medical posts illustrated the challenging conditions faced by doctors and nurses treating the wounded, and students gained a better understanding of the harsh realities of war beyond the battlefield.





A particularly poignant moment of the trip came during our visit to the Menin Gate in Ypres. Each evening, the Last Post ceremony is held here in honour of the missing soldiers of the British Empire whose bodies were never recovered. Our students had the honour of participating in the ceremony by laying a wreath on behalf of the school. This was a moment of great pride, dignity, and respect, and it was clear that the significance of the occasion was deeply felt by all involved.

During the visit we arranged for James Fisher to be able to visit his great-great grandfather's grave just outside Ypres. James was the first member of his

family to visit the grave since Mr Seaton was killed in 1916 which was very touching.

Throughout the visit, the behaviour and conduct of the Year 9 students were exemplary. They showed maturity, respect, and curiosity at every site, engaging meaningfully with the historical context and demonstrating sensitivity during commemorative moments. Their respectful attitude was noted by both the staff and members of the public.



I would like to thank Ms Danaher, Mr Carolan and Mrs Fryer who accompanied the visit.

Miss H Taylor
History Department



Embassy performance representing Nobel and China

Our Teacher of Music and Drama, Mrs. Shakespeare performed for the reception in celebration of the 76th anniversary of the founding of the People's Republic of China, held on 19 September 2025 in London, hosted by the Embassy of the People's Republic of China in the United Kingdom of Great Britain and Northern Ireland. It celebrates the Chinese National Day and also reinforces the growing exchanges, cooperation and friendship between China and the UK.

Representing The Nobel school and as a professional artist of the China UK cultural arts exchange association, her exquisite artistic performance and professional stage presence, she presented a wonderful program for the guests, showcasing the spirit of Chinese-British cultural exchange

and contributing positively to the reception's resounding success.



Well done Mrs Shakespeare from everyone at Nobel School.



Sparx Reader News

The Sparx Reader data for this first half term is phenomenal. Our students have read 1525 books so far this year which is unbelievable! We are so grateful for the continued support that our parents and carers are giving us as we drive forward this vital initiative. With reading among young people at a worryingly low level nationally, it has never been more important to encourage our students to read carefully, often, and prioritise their literacy and comprehension.

As you will know, we decided to remove the gold reader status for our key stage 3 students so that we can measure and monitor the quality and accuracy of their reading and identify if any reading intervention may be required.

That said, we want to continue to encourage all our students at every key stage to read books for pleasure too. Our year 7 and 8 students have a fortnightly library lesson in which they should be selecting a library book from our enormous and varied collection. For the year groups that do not have a library lesson, the library is open at various points during the day (see the opening times in this newsletter) so there really is no excuse for any of our students not to always have a good book to hand.

In celebration assemblies this week, the key stage 3 students who have exceeded all expectations and accrued a staggering number of Sparx reader points so far this academic year were awarded certificates by their Heads of Learning. Congratulations to them all. Here are the latest gold, silver and bronze winners:

Year 7



Lea Hima (Lea the Legend)

12,411 SRP



Emme Wicks (Emme the One and only)

5,780 SRP



Oihan Olazabal (Oihan the Pro)

5,564 SRP

Year 8



Penny Chastell (Penny the Genius)

23,489 SRP



Letticia Kindereviciute (Letticia the Underwriter)

11,407 SRP



Troy Chapman (Troy the One and only)

7,035 SRP

Year 9:



Janeisha Chudasama (Janeisha the Champion)

13,579 SRP



Chevelle Agyapong (Chevelle the Star)

8,449 SRP



Lilianna Nowak (Lilianna the Engineer)

5,009 SRP

Yr 10 Reading

After half term, we will be introducing the compulsory reading of key stage 4 texts to our year 10 cohort. This online reading tool will complement the reading and teaching of set texts that we do in school as we study for our GCSE literature exams next year. A further communication will come out about this shortly. In the meantime, a Sparx Reader account has been set up for your child, so please do encourage them to begin to familiarise themselves with the reading platform and start doing some careful reading of the Macbeth text which we are currently reading.

Mrs K Di Gregorio
Literacy Lead

Debate club thriving!



The lunchtime debate club has got off to a fantastic start this year. Every Thursday, we meet in 416 to tackle some of the most contentious and challenging issues that our young people are concerned about, from misogyny in schools to the curriculum and politics. Last week, led by our amazing sixth formers, two teams from years 8-13 battled it out in a debate about teaching politics at Key Stage 3. After a very close contest, the judges awarded the winning team: those in favour of teaching politics from age 11 to ensure young people are well versed in the political landscape of our country and able to make informed decisions when they become voters. The teams are pictured .

The club is open to every student, so if you love a good debate and would like to develop your public speaking skills in a friendly atmosphere, join us for a taster session soon!

Mrs K Di Gregorio
Debate Club – Thursday lunchtimes - 416

Duke Of Edinburgh News

Silver and Gold practice Expedition, Chiltern Hills, 1- 3 October 2025

Wednesday lunchtime, and instead of getting lunch in the canteen, 37 Yr 11 and 12 students had their rucksacks weighed and kit checked prior to departure for their silver and Gold Duke of Edinburgh Practice expeditions. As they boarded the 3 mini busses spirits were high as they started discussing what they thought the campsite was going to be like and what the next few days were going to bring.....



They arrived at the campsite and started setting up tents and cooking areas. The students then did some navigation practise with maps and compasses to see how long it would take them to find the trig point in the next field! They also re-did their pacing over 100m and recapped some first aid scenarios, before cooking dinner and settling down for their first night in the tent.

The next morning students were up (very) early to start preparing for the first day of walking. They started off walking with an adult, reminding themselves how to read a map, take bearings and in general not get lost in the fog! The afternoon they were then let loose – so of course immediately got lost! Some of them did find friends in the forest though! They did circular routes around the beautiful Chiltern countryside and ended up back at camp for a second night of camping grub.



Duke Of Edinburgh News

The final day was rainy and it did not stop! The students hiked to the end points which would have had some wonderful views if we could have seen them!

A very different but rewarding expedition, with lots of lessons learnt for the qualifying – well done everyone!



**Mrs L Kite
Teacher**

Hunstanton Geography Trip

As part of their GCSE course, 85 year 11 Geographers went to Hunstanton to collect information to answer two key questions that we are investigating.

The first is about if the sea defences protect the land from erosion (the sea wearing away the land). To do this our geographers had to assess the sturdiness, reliability and attractiveness of the sea defences in the town and speak to people about their views on the sea defences. In addition the students compared some historic photos of Hunstanton with how the area looks today to see if there has been much change.

The second question is about how the flow of pedestrians change and to do this students were sent off several times to record how many pedestrians walked past in 2 minutes.

Despite some rather grey weather at times it was a fun day out filled with plenty of geography and fish and chips.

**Mr G Breese
Head of Geography**



Our 2025 Photo Competition is open

The UK Astronomy photo competition is an annual event which runs from January till the end of November each year. It is completely free to enter. The idea is to get you out looking up, trying different things, learning and having fun. The competition is **only open to UK residents**. Only one photo entry per person is permitted.

We have many entries every year

There are twelve different categories in total. In our 2025 competition, they are :

- The Moon
- Nebula
- Free 4 All
- Clusters and Stars
- The Sun
- Constellations
- Aurora
- Comets and Meteors
- Planets
- The Milky Way
- Smart Phones Only
- International Space Station (ISS)

Each category is chosen to make it more fun and so there's something for everyone from the professional to the amateur to enjoy! Entry will be by completing an entry form at the website address below. Once approved, your photo will then appear in our competition gallery. Our panel of team members will then select 12 winning photos. Winners will receive a UK Astronomy calendar with their photo featured on one of the months for the next year.

https://www.ukastronomy.org/photo_competition.php

This year we will also award Nobel house points for each entry from Nobelians (parents, students, staff!) Simply send a link to your photo to Mr Murphy (John.Murphy@Nobel.herts.sch.uk) when it appears on the gallery website.

Mr J Murphy
Head of Physics

Science Speed Experiment

The GCSE year 11, triple science physics class recently conducted an experiment to explore the relationship between speed, distance, and time. Students ran or walked a set distance, timing themselves to calculate their speed. The data was then used to calculate their speed and sketch a graph, visually representing the relationship between these variables.

This activity helped reinforce the formula $\text{speed} = \text{distance} / \text{time}$ and provided a practical understanding of how these concepts relate to the outer world. The experiment made learning interactive and engaging for our students.

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At 10:45 on Tuesday 7 October, the Nobel Prize in Physics 2025 was awarded to **John Clarke, Michel H. Devoret and John M. Martinis** "for the discovery of macroscopic quantum mechanical tunnelling and energy quantisation in an electric circuit."

7M BVG were lucky to watch the announcement in their Science lesson, live from The Royal Swedish Academy of Sciences in Stockholm, Sweden. The concept of a tennis ball not rebounding off a wall (classical physics), but instead passing through to the other side (quantum physics) was a little strange!

In Year 9 Science students learn about nuclear decay, which is understood with this concept of quantum mechanical tunnelling.

In Year 12 Physics students learn about superconducting electric circuits.

Mr J Murphy
Head of Physics



World Challenge

Angelica (Yr 9) sold cakes at the recent School Open Evening to raise funds for the World Challenge.

Students will be going to Sri Lanka in the summer of 2026.

Miss Pearson

Sporting Futures School

On Monday 13 October, Nobel hosted the Sporting Futures School Games badminton competition.

Nobel, along with teams from John Henry Newman and Barnwell, took place in a head to head competition at both an U14 and U16 age group. There was some fantastic badminton on display, with a stand out masterclass from Tommaso F.

Well done to all boys involved.

Mr J Ferguson
Teacher of PE



Nobel students try Golf!

Eight students from across KS3 had the chance to participate in a morning of golf thanks to a recent opportunity from Sporting Futures and Stevenage Golf Club.

Although the weather altered the plans for the day, the selected students were able to take part in a carousel of golf stations, learning from two golf coaching professionals.

Students had the chance to work their way down the clubs, learning how to use the irons before having a go with the drivers to see who could hit the furthest.

This was a fantastic opportunity and we look forward to the chance to return next year!



Mr J Ferguson
Teacher of PE



Inclusion 2028 Sports Leader Training



On Tuesday 14 October, the PE Department were delighted to host the Inclusion 2028 Sports Leader training event. This was a county event with 7 schools attending, whereby 70 leaders were trained by the Hertfordshire and Youth Sport Trust Inclusion 2028 team.

Facilitated by visiting staff members from the Stevenage Sporting Futures Team, Youth Sport Trust, Hertfordshire Cricket and the Hertford and

Ware School Sports Partnership, the leaders participated in a carousel of activities. These activities included Golf, Cricket, Archery and even a classroom-based session looking at how generic sporting sessions can be made inclusive.

The leaders learnt that making activities inclusive doesn't just mean making them accessible for those with disabilities. It also means ensuring that all participants are suitably challenged and able to experience success within their sessions.



This was a wonderful opportunity for our Year 12 Sports Leaders to receive valuable training in making sports inclusive. These leaders will be deployed at events in the new calendar year, including the Inclusive Sports Festival linked to the Commonwealth Games.



Mr R Carolan
Teacher of PE

Success for Year 10 girls in extra-curricular sport!

It has been an incredibly successful couple of weeks for the Year 10 girls across various sports.

On Monday 29 September, the U15 Girls (including students from Year 9) played their first-round fixture in the U15 Girls County Cup, welcoming Longdean School to The Nobel School field. Struggling with players due to a mixture of illness, injury and fixture clashes, the squad of 11 battled it out, going down to 10 at some points in the game.

The work rate of the players on the pitch was commendable. For the entirety of a tough game, the Nobel girls worked hard to keep possession and progress forward. Taking an early lead, Nobel found themselves 2-1 up at the half time mark. Longdean came back fighting, but Emily G (10T NFD) led a strong defensive line to keep their strikers at bay. Lily J (10E BPX) was instrumental in midfield, winning the ball back in key areas and turning defence into attack at every opportunity.

Lucie P (10E ARD), was on the end of several opportunities and bagged a well-deserved hat trick, scoring a variety of different goals when Nobel needed them most. The game finished 5-3 to Nobel, where the team progress to the second round where they will face Haileybury Turnford School on Thursday 13th November, away.

Then, on Wednesday 15 October, the Year 10 Netball Team came up against Barclay Academy at John Henry Newman School. The team have been dedicated to attend all training sessions to enhance their performance in the previous season where they finished second in the league.



Focusing on getting in front of players, using the space on court and creativity at the centre pass, the team were able to comfortably win the game 14-4. It was wonderful to see an inspired performance where all of the girls supported each other with excellent movement off the ball and strong passes.

Well done to the U15 Girls Football and Year 10 Netball team!

Mr R Carolan
Teacher of PE

Student Sporting Success

Congratulations to Evie (9E RSR) who has been awarded the first U14 Player of the Month for the new Stevenage Junior Premier League season, as chosen by both her coaches and teammates. She has made a fantastic impact at the start of the season.

As well as playing for her own year group and the year group above for the school, Evie has been playing for Stevenage, Cambridge and Stotfold and has several personal and team accolades to her name already.

We look forward to seeing Evie's continued success within football both inside and outside of school.



Mr R Carolan
Teacher of PE

Nobel Running Club



Well done to the Nobel Running Club!

If you would like to join running club please meet in reception straight after school on a Friday. Make sure you change in to your PE kit . t's a nice way to finish your week.

A special thanks to Harrison, who has been helping us for over a year as a volunteer.

Any questions, please ask **Miss Pearson, Mr Mesher or Mr Whitten.**

Miss Pearson

Developing Character

For the two weeks between 20/10/25– 07/11/25, the character focus is on the Nobelian virtue of being **GRATEFUL**.

The Character Conundrum for the fortnight is below. Please can you take some time during the fortnight to read through this with your child and discuss what the right moral choice would be.

Character Conundrum 4 - GRATEFUL

Maisie is on her way home and passes the village war memorial. Sat on the steps is a group of students that she knows well from school. As she approaches, she notices that the students are dropping all their litter on the floor, and one is doodling on the list of people who died in the war. She feels quite angry that these people do not understand the sacrifice that these men and women made to secure the future that Maisie and her peers all enjoy. She wants to say something but is worried about the reaction she might get, both in the instant and later at school.

What should she do?

Support

Peer pressure is a difficult thing for most young people. The wish to be accepted, liked and popular can often overshadow the key notion of being respected. Mary cannot fix the views of all the people in the world, but she can have an impact on these few. It is important that someone says something so that these young people understand that their behaviour is unacceptable but, if Maisie is concerned about some sort of reproach, perhaps speaking to a trusted adult would be a better approach. These students need educating rather than telling off.

Questions

- Can you identify the moral dilemma in this situation?
- What do you think Maisie should do?
- What do you think the reaction of the groups of students will be?
- Does it matter if they are the same age as her or younger?
- If you needed to speak to a trusted adult, who would you choose?



The advertisement for GCSEPod features the ASCL (Association of School and College Leaders) logo and the GCSEPod logo. It includes a row of small icons representing various subjects. The main headline is "SUPPORT YOUR CHILD ON THE PATH TO SUCCESS". Below this, it states: "Your child's school has invested in the award winning resource, GCSEPod, to help your child reach their goals! Join the thousands of parents encouraging their children to use GCSEPod to support learning, homework and revision." There are three testimonials in speech bubbles: a parent praising GCSEPod for supporting their child's learning, a teacher noting the correlation between success and failure and the use of GCSEPod, and a student stating that GCSEPod helped them with their revision. A list of features includes: "Proven to increase results", "19 exam mapped subjects", "Available online and offline", "Audio visual content", "Builds confidence", and "Use on the go, anytime, anywhere". It also shows images of a laptop, tablet, and smartphone displaying the GCSEPod interface. At the bottom, it provides the website "GCSEPOD.COM", email "INFO@GCSEPOD.COM", and phone number "0181 333 7830". A "HOW TO LOGIN" section lists four steps: 1) Go to www.gcsepod.com and click LOGIN, 2) Click NEW HERE! GET STARTED!, 3) Enter your child's details and confirm the name of the school they attend, 4) Create a username and password.

ASCL Association of School and College Leaders

gcsepod Education on Demand

SUPPORT YOUR CHILD ON THE PATH TO SUCCESS

Your child's school has invested in the award winning resource, GCSEPod, to help your child reach their goals! Join the thousands of parents encouraging their children to use GCSEPod to support learning, homework and revision.

"I found GCSEPod especially useful to complement my homework and I'm happy to help my child use the platform that I have been so happy to receive."
-Parent

"The correlation between success and failure was made almost 100% clear by the use of GCSEPod."
-Teacher

"My daughter used GCSEPod to do her GCSE revision and she was able to learn with her friends, she absolutely loved your app and the style of learning."
-Student

Proven to increase results
19 exam mapped subjects
Available online and offline
Audio visual content
Builds confidence
Use on the go, anytime, anywhere

For more information please visit www.gcsepod.com/parent

HOW TO LOGIN:

- 1) Go to www.gcsepod.com and click LOGIN
- 2) Click NEW HERE! GET STARTED!
- 3) Enter your child's details and confirm the name of the school they attend
- 4) Create a username and password

GCSEPOD.COM **INFO@GCSEPOD.COM** **0181 333 7830**

Developing Character

For the two weeks between 10/11/25– 21/11/25, the character focus is on the Nobelian virtue of being **AMBITIOUS**.

The Character Conundrum for the fortnight is below. Please can you take some time during the fortnight to read through this with your child and discuss what the right moral choice would be.

Character Conundrum 5 – AMBITIOUS

Paul has, what some may consider, pushy parents. They have told him that they expect top grades in all his subjects. Maths has always been a particularly difficult subject for him but luckily, in class he sits next to his friend who always helps him. Sometimes, if he is honest, he still doesn't understand but just copies the answers so that the teacher thinks he can do the work. One day Paul goes into class and realises that they have a test. He completely forgot and consequently hasn't revised. They are sat in their normal seats and Paul can see his friend's answers. Should he copy the answers he doesn't know or has his ambition to succeed and please his parents overshadowed the fact that he needs help?

What should he do?

Support

Whilst copying the answers may earn a good mark in the test and 'keep his parents off his back', ultimately Paul needs help. Young people hate to think of themselves as fallible and often see asking for help as a weakness, let alone the comments they might receive from their peers. This may solve the problem of this test but what about subsequent exams and the GCSEs? The students need to understand that asking for help is a strength, not a weakness, and the only way to improve.

Questions

-
- Can you identify the moral dilemma in this situation?
- Would you (honestly) consider copying answers in a test?
- Who is ultimately affected when someone cheats?
- What happens in the real exams when you can't see anyone else's answers?
- What would be the mature way to approach this situation?

Warm regards

Mr N Brown

Assistant Headteacher

How to support your child using GCSEPod 

What is GCSEPod?

GCSEPod is an award-winning expert in Subject Knowledge. We provide 3-5 minute bursts of audio-visual, teacher written learning which can help to reinforce and consolidate key GCSE topics covered in lessons. Experts read and explain everything clearly including all the right facts, quotes, keywords, dates and diagrams on screen.

Tips & Tricks

- **Watch online or offline!** Ask your child to download some Pods to their mobile device, this way they are free to expand their knowledge wherever they go.
- **Create Playlists!** Use the My Playlist area to create bespoke playlists on topics that they may find challenging. Having a personalised playlist means your child has fast access to Pods that will help to fill in knowledge gaps.
- **Use Favourites!** Challenge your child to a favourite 10 Pods on topics they find difficult/challenging. Watch the Pods together and use one of our other suggested learning techniques to help simplify what it is they're struggling with.
- **Memory Cards!** Watch the Pods and then together write key facts, dates, diagrams and quotes. Then test their knowledge to see how much they remember.
Top Tip* Turn it into a competition and reward your child for correctly answered questions. If you're stuck on what questions to ask your child then head over to our 'Quiz your Child' document.
- **Support Homework!** GCSEPod isn't just for revision, it's to help expand your child's subject knowledge. If your child is struggling with a piece of homework, you can search for the topic on GCSEPod and use the Pods as an additional resource.

Does your child know they have access to GCSEPod?

If your son or daughter have already activated their account, they simply need to log in with the username and password they've created.

If they've not yet activated their GCSEPod account, simply follow these simple instructions:

1. Go to www.gcsepod.com
2. Click **Login**
3. Click **New Here? Getting Started**
4. Ensure they've selected they are a **Pupil**
5. Enter their personal details as requested
6. Create a Username and Password



GCSEPOD.COM  **INFO@GCSEPOD.COM**  **0191 338 7830**

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Library News

We are excited to be giving our Year 7 cohort the opportunity to pick a free book from a great selection on offer, all thanks to the Bookbuzz initiative from BookTrust.

During library lessons over the past couple of weeks, students have been introduced to this exciting reading programme.

Firstly, we have been watching a short film whereby each author has 30 seconds to introduce and talk about their book. We then have 2 copies of each book which the students can physically look at before making their final choice.

There is a fantastic range of books this year both fiction and nonfiction.

There is an array of key themes ranging from the environment, friendships, myths, bravery, animals and so much more.

These library lessons have been very well received, and many of our students found it difficult to pick just one title. We will hold copies of the other books in the library, so students will have the opportunity to read others that were on their list.

The books will be ordered and then delivered to school near to the end of this Autumn term.



Library News

Comments from Year 7 students

"It was good because you got to see the authors explain about their book"

"It was nice because you got to hear directly from the author rather than just reading a review"

"It's really good to choose a book for free"

"It's nice to have your own book"

"We looked at what the authors had to say about their book and why it was a good choice"

"I found it very fun and quite interesting"



Thank you very much to all the volunteers in the library this half term.

As well as helping with displays and book returns, our Year 7 library monitors have been colouring, creating and designing bookmarks for us, so pop in and pick one up.

Ms A Hawke
Librarian

Each week we have a
Genre focus
This week is Romance



Pop into the Library for
recommendations and to look at
our display

Library Opening Times

Monday 8:15am to 4:15pm

Tuesday 8:15am to 4:15pm

Wednesday 8:15 to 4:15pm

Thursday 8:15am to 4:15pm

Friday 8:15am to 3:45pm

Also remember, you have

Accessit
LIBRARY

Sparx Reader

whenever you need them

NOBEL SCHOOL PARENTS, STAFF and COMMUNITY BOOK GROUP

The next meeting will be held in the Library,
6:30pm, on Tuesday 4 November

The books to read are:



Read all or part of the book and discuss it in a
friendly informal group

Contact: Amanda Hawke:

01438 222600

Today a reader,
tomorrow a
leader.

Margaret Fuller

DSPL2

FAMILY NETWORK EVENTS



10–12pm Tuesday 25th November 2025

Pear tree Spring Primary School

10–12pm Tuesday 17th March 2026

Moss Bury Primary School

10–12pm Tuesday 16th June 2026

Pear tree Spring primary School

No booking required

Find out about
local services

Meet other
families

Advice and
support

Herts Mind
Supporting Links
Step 2 Skills
Phoenix
Angels
ADDvance
Family Centre
Messy Minds
Tracks
Lending Space
Home Start
SET Family Support Workers
Well Being Junction
Herts Parent Carer Involvement



01438 233900



dspl2@peartreespring.herts.sch.uk



Stand-by-me

Are you a parent/carer supporting a bereaved child?

Our Parent/Carer workshop can:

- Help you understand how young people grieve
- Teach you strategies to support them
- Meet other parents/carers who are supporting bereaved young people

Wednesday 19th November

Hitchin Youth Trust Building

6:30 – 8:30pm

Limited spaces available

Book your place today



Or email

hello@stand-by-me.org.uk



Stand-by-me Bereavement Support, 11 Watsons Road, Hitchin, Herts, SG4 6XP Charity Registration: 1181238

Stand-by-me offer support to parents, children and young people around bereavement.
For further details please contact:
<https://stand-by-me.org.uk/>



Save money on student bus travel

When you pay monthly by direct debit

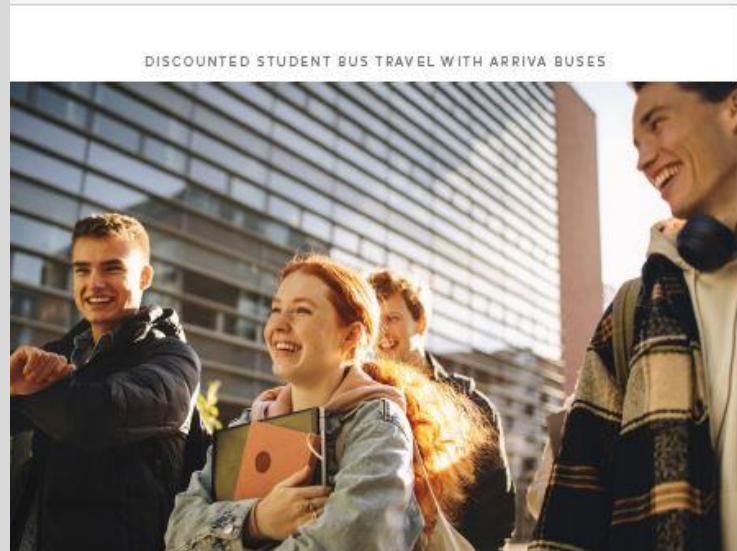


Scan to find out more

arrivabus.co.uk/monthlytickets



DISCOUNTED STUDENT BUS TRAVEL WITH ARRIVA BUSES



Save money on student bus travel

If you're a student getting the bus to school, college or university make big savings on your travel and spread the cost of the ticket over affordable monthly payments when you pay by direct debit.

-  **Reduced price bus travel** for the academic year
-  **Unlimited bus travel** in your chosen Arriva Zone, **7 days a week**
-  **Convenient monthly direct debit**
-  **No minimum contract** - cancel anytime



Scan QR code or visit our website to get started.
arrivabus.co.uk/monthlytickets




YOUNG ELITE

FOOTBALL CAMP

MIXED | YRS 7 - 11 | 9:30AM - 3PM

OCTOBER HALF TERM
MON 27TH TUE 28TH WED 29TH THU 30TH

- BALL MASTERY
- MATCH PLAY
- MEET AND GREET WITH PRO PLAYER
- LIMITED PLACES AVAILABLE

HITCHIN BOYS SCHOOL
£40 PER PLAYER PER DAY
FOR MORE INFO
EMAIL - YOUNGELITEACADEMY@OUTLOOK.COM
TELEPHONE - 07583355726



Halloween at church farm

Visit **Church Farm Ardeley**
A real working farm!

- * Spooky Farm Trail to see the farm animals & Halloween Décor
- * Big Bale Play
- * Tractors & Digger Ride-Ons
- * Creepy Fairy Woodland Play
- * Spooky Photo Opportunities
- * Spot the Pumpkin & sweet treat prizes
- * Scarecrow Trail
- * Find the Spooky Fairy Doors
- * Find your unique Witch and Halloween name
- * Spooktacular Costume Stickers for the best dressed boys, girls & dogs
- * Halloween Activity Pack, 'I've Been to Church Farm' Sticker
- * Puzzles and Colouring-in fun
- * Farm Sensory Trail

Additional Activities

- Pumpkin Picking & Carving
- Trick or Treating in our Spooky Wood (4-6pm)
- Horrid Hay Tractor & Trailer Rides
- Eerie Egg Collecting
- Ghoulish Goat Walking

Book online www.churchfarmardeley.co.uk



CHURCH FARM, ARDELEY
A Free Range Experience

strengthening families strengthening communities

For Parents of teenagers only starting 15/10/25 @11.30am

Want to get some new ideas to help
you be the best parent you can be?

Enhance your relationship with your children?

Learning at a time that suits you?



6 online
sessions



6 group
discussions



Certificate on
completion

What to expect...

- Information on strategies and child development.
- Hear from other parents.
- Worksheets and hand-outs.
- Videos, quizzes and fun activities.
- Do sessions at a time that works for you.
- Expert help from a real person each week.
- Choose a course that suits your child's age.

Topics covered...

- Healthy relationships.
- Understanding and managing behaviour.
- Enhancing children's self-esteem.
- Emotions and empathy.
- What to expect for the age of your child.
- Being part of a community.

Group discussion...

1. Speak to a course expert and get answers to any questions you might have.
2. Talk about how the strategies are going at home and how to adjust them for you.
3. Address other difficulties relating to parenting.
4. Hear from others about what works for them.



Find out more or register for the course by scanning the
QR code or emailing us at: sfscparent@racefound.org.uk

Stronger Relationships

For parents and other adult carers living together or apart **For Mothers/Female Caregivers only.**
Group starting 21 October at 10:00am



- Do you want to get some new ideas to help you be an even better parent?
- Would you like to reduce the arguments and disagreements in your family and cope better with stress?
- Would you like to enhance your relationship with your current partner, or improve communication with your ex or the other people helping to raise your children?
- How about learning at a time that suits you?



**6 online
sessions**



**6 group
discussions**



**Certificate on
completion**

What to expect...

- Information on strategies to identify and reduce arguments.
- Hear from other parents and carers.
- Downloadable worksheets and hand-outs.
- Videos, quizzes and interactive activities.
- Do sessions at a time that works for you.
- Weekly support from our course experts.

Topics covered...

- Healthy adult relationships.
- Identifying and managing disagreements.
- Understanding how conflict affects your children.
- Enhancing parent-child relationships.
- Managing stress, anger and emotions.
- Strategies to resolve conflict and create a parenting agreement

Group discussion...

1. Speak to a course expert and get answers to some of the questions you might have
2. Talk about how the strategies are going at home.
3. Address other difficulties relating to your relationships.
4. Hear from others about what works for them.

Find out more or register for the course by scanning the QR code or emailing us at: sfscparent@racefound.org.uk



**strengthening
families**
strengthening
communities

Online
Course

Stronger Relationships

For parents and other adult carers living together or apart **For Father/Male Caregivers only.** Group starting 30 October at 1:00pm



- Do you want to get some new ideas to help you be an even better parent?
- Would you like to reduce the arguments and disagreements in your family and cope better with stress?
- Would you like to enhance your relationship with your current partner, or improve communication with your ex or the other people helping to raise your children?
- How about learning at a time that suits you?



6 online
sessions



6 group
discussions



Certificate on
completion

What to expect...

- Information on strategies to identify and reduce arguments.
- Hear from other parents and carers.
- Downloadable worksheets and hand-outs.
- Videos, quizzes and interactive activities.
- Do sessions at a time that works for you.
- Weekly support from our course experts.

Topics covered...

- Healthy adult relationships.
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Find out more or register for the course by scanning the QR code or emailing us at: sfscparent@racefound.org.uk



strengthening
families
strengthening
communities

TALKING TEENS



Tuesdays 7.45 - 9.15pm Online Course ID: 778
16th, 23rd, 30th Sept, 7th, 14th & 21st Oct 2025

Thursdays 7.45 - 9.15pm Online Course ID: 777
6th, 13th, 20th, 27th Nov, 4th & 11th Dec 2025

6, weekly sessions for parents and carers of children aged 12-19, covering:

- **The Teen Brain: Recognising the physical and emotional changes taking place and why their behaviour changes.**
- **The link between behaviour and difficult feelings.**
- **Maintaining your relationship with good communication.**
- **Understanding risk taking behaviour around drugs, alcohol and gang culture.**
- **How to negotiate during a conflict situation.**

Our online sessions are delivered weekly via Zoom.

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

"Our home is no longer a battlefield. I am less stressed and my teenager speaks to me more. Thank you!"

Booking essential

Please quote the course ID
To check eligibility and book a place, contact Supporting Links on:

07512 709 556

bookings@supportinglinks.co.uk

www.supportinglinks.co.uk

These courses are provided free to participants by Hertfordshire County Council's Targeted Parenting Fund

Information you share with us is used to process your booking. This will be held securely and only shared in accordance with our GDPR Policy.

TALKING DADS



Wednesdays 7.45 - 9.15pm Online Course ID: 779
17th, 24th Sept, 1st, 8th, 15th & 22nd Oct 2025

Wednesdays 7.45 - 9.15pm Online Course ID: 780
5th, 12th, 19th, 26th Nov, 3rd & 10th Dec 2025

6, weekly sessions for dads & male carers of all ages, sharing information on:

- **Increasing confidence in your parenting.**
- **Developing a healthy dad/child relationship now and for the future.**
- **Improved listening and communication skills.**
- **Effective strategies for dealing with anger and conflict.**
- **How to enforce boundaries.**

Our online sessions are delivered weekly via Zoom.

Groups are open to dads and male carers living, or with a child in school, in Hertfordshire.

"Our home is no longer a battlefield. I am less stressed and my teenager speaks to me more. Thank you!"

Booking essential

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TALKING FAMILIES



Wednesdays 8.00 - 9.30pm Online Course ID: 774
17th, 24th Sept, 1st, 8th, 15th & 22nd Oct 2025

Thursdays 9.45 - 11.15am Online Course ID: 772
18th, 25th Sept, 2nd, 9th, 16th & 2rd Oct 2025

Tuesdays 8.00 - 9.30pm Online Course ID: 773
4th, 11th, 18th, 25th Nov, 2nd & 9th Dec 2025

6, weekly sessions for parents and carers of children under 12, sharing tips on how to:

- **Manage challenging behaviour with consistency**
- **Encourage positive behaviour**
- **Build your child's self esteem**
- **Set and maintain boundaries**
- **Respond to tantrums and difficult feelings in children**
- **Develop a strong parent/child relationship now and for the future**

Our online sessions are delivered weekly via Zoom.

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

"Every parent should do this course! It has taught me so much about how to deal with family life."

Booking essential

Please quote the course ID
To check eligibility and book a place, contact Supporting Links on:

07512 709 556

bookings@supportinglinks.co.uk

www.supportinglinks.co.uk

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TALKING ANXIETY in TEENS



Tuesdays 7.45 - 9.30pm Online Course ID: 776
16th, 23rd, 30th Sept, 7th, 14th & 21st Oct 2025

6, weekly sessions for parents and carers of children aged 12-18, supporting you to:

- **Understand why young people and adults get anxious.**
- **Develop strategies to handle anxiety in yourself and others within your family.**
- **Recognise the early signs of anxiety and be able to avoid escalation.**
- **Reduce stress and tension.**
- **Encourage resilient behaviour and strengthen relationships in the family.**

Our online sessions are delivered weekly via Zoom.

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

"This course has helped us massively. We are responding so differently, and it's really helping us to cope day to day."

Booking essential

Please quote the course ID
To check eligibility and book a place, contact Supporting Links on:

07512 709 556

bookings@supportinglinks.co.uk

www.supportinglinks.co.uk

These courses are provided free to participants by Hertfordshire County Council's Targeted Parenting Fund

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TALKING ANGER in TEENS



Tuesdays 7.45 - 9.30pm Online Course ID: 776
4th, 11th, 18th, 25th Nov, 2nd & 9th Dec 2025

6, weekly sessions for parents and carers of children aged 12-18, supporting you to:

- Understand why children and adults get angry.
- Develop strategies to handle anger in yourself and others within your family.
- Recognise the early signs of anger and be able to avoid escalation.
- Reduce conflicts and arguments.
- Encourage positive behaviour and strengthen relationships in the family.

Our online sessions are delivered weekly via Zoom.

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'I am not ashamed to say that their anger used to scare me. I now feel able to cope with it, and even help. I am much more confident, thank you so much!'

Booking essential
Please quote the course ID
To check eligibility and book a place, contact Supporting Links on:

07512 709 556

bookings@supportinglinks.co.uk

www.supportinglinks.co.uk

These courses are provided free to participants by Hertfordshire County Council's Targeted Parenting Fund

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TALKING ADDITIONAL NEEDS



Wednesdays 9.45 - 11.15am Online Course ID: 770
17th, 24th Sept, 1st, 8th, 15th & 22nd Oct 2025
Delivered online using Zoom

Wednesdays 8.00 - 9.30pm Face-to-Face ID: 771
5th, 12th, 19th, 26th Nov, 3rd & 10th Dec 2025
Venue TBA
Watford

A 6-week group for parents and carers of children with any additional need. Your child does not need a diagnosis.

- Understand your child's behaviour
- Develop strategies that really work
- Reduce conflict and increase co-operation
- Improve emotional regulation
- Explore sensory needs
- Increase your child's resilience
- Manage the different needs within your family

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'I have been on a few courses to help me with my child but this was by far the most helpful'

Booking essential
Please quote the course ID
To check eligibility and book a place, contact Supporting Links on:

07512 709 556

bookings@supportinglinks.co.uk

www.supportinglinks.co.uk

These courses are provided free to participants by Hertfordshire County Council's Targeted Parenting Fund

Information you share with us is used to process your booking. This will be held securely and only shared in accordance with our GDPR Policy.

Parent & Carer Support Autumn Term 2025

FREE to parents and carers living in Hertfordshire

TALKING TEENS

6, weekly sessions for parents and carers of children aged **12-19**, covering:

- The Teen Brain: physical and emotional changes taking place and why behaviour changes.
- The link between behaviour and communicating difficult feelings.
- How to maintain your relationship with good communication.
- Understand risk taking behaviour around drugs, alcohol and gang culture.
- How to negotiate and reduce conflict.



Tuesdays 7.45 - 9.15pm
16th Sep - 21st Oct
Online Course: ID 778

Thursdays 7.45 - 9.15pm
6th Nov - 11th Dec
Online Course: ID 777

TALKING ANGER in TEENS

6, weekly sessions for parents and carers of children aged **11-19**, supporting you to:

- Understand why children and adults get angry.
- Develop strategies to handle anger in yourself and others within your family.
- Recognise the early signs of anger.
- Reduce conflict and arguments.
- Encourage positive behaviour.



Tuesdays 7.45 - 9.30pm
4th Nov - 9th Dec
Online Course: ID 775

TALKING ADDITIONAL NEEDS

A 6-week group for parents and carers of children **2-19**, with any additional need. Your child does not need a diagnosis.

- Understand your child's behaviour.
- Develop strategies that really work.
- Reduce conflict.
- Improve emotional regulation.
- Explore sensory needs.
- Increase your child's resilience.
- Manage different needs in your family.



Wednesdays 7pm - 9pm
5th Nov - 10th Dec
Course ID 771
Watford, venue TBA

Wednesdays 9.45 - 11.15am
17th Sep - 22nd Oct
Course ID 770

TALKING FAMILIES

6, weekly sessions for parents and carers of children aged **0-12** sharing tips on:

- Managing challenging behaviour with consistency.
- Encouraging positive behaviour.
- Building your child's self-esteem.
- Setting and maintaining boundaries.
- Responding to tantrums and difficult feelings in children.
- Developing a strong parent/child relationship now and for the future.



Wednesdays 8.00 - 9.30pm
17th Sep - 22nd Oct
Online Course ID 774

Thursdays 9.45 - 11.15am
18th Sep - 23rd Oct
Online Course ID 772

Tuesdays 8.00 - 9.30pm
4th Nov - 9th Dec
Online Course ID 773

TALKING ANXIETY in TEENS

6, weekly sessions for parents and carers of children **12-19**, supporting you to:

- Understand why young people and adults get anxious.
- Develop strategies to handle anxiety in yourself and others within your family.
- Recognise the early signs of anxiety.
- Reduce stress and tension.
- Encourage resilient behaviour.



Tuesdays 7.45 - 9.30pm
16th Sep - 21st Oct
Online Course ID 776

TALKING DADS

6, weekly sessions for dads & male carers of children **0-19**, sharing information on:

- Improved listening and communication skills.
- A healthy dad-child relationship now and for the future.
- Effective strategies for dealing with anger and conflict.
- How to enforce boundaries.
- Being the dad, you want to be.



Wednesdays 7.45 - 9.15pm
17th Sep - 22nd Oct
Online Course: ID 779

Wednesdays 7.45 - 9.15pm
5th Nov - 10th Dec
Online Course: ID 780

Booking essential. Please Quote the Course ID

To check eligibility and book a place, please contact Supporting Links on:
07512 709556 or bookings@supportinglinks.co.uk

These courses are provided free to parents by Hertfordshire County Council's Targeted Parenting Fund
Information taken on booking will be used to process your booking, check your eligibility, identify any access needs and will be stored in accordance with our GDPR policy which is available on request



Parent & Carer Support TALKING ASD & ADHD Workshops Autumn 2025



Workshops are FREE to parents and carers living in **Hertfordshire** of children aged 2-25yrs with suspected or diagnosed Autistic Spectrum Disorder and/or Attention Deficit Hyperactivity Disorder.

← [Eventbrite Page](#)

RESPONDING to ANGER



- Healthy & unhealthy anger.
- How to spot the signs early.
- Our own and our children's triggers.
- Techniques that stop angry and aggressive behaviour escalating and when to use them.
- How to respond to our child in meltdown, keeping ourselves, our child and siblings safe.

Tuesday 23rd September, 9.30-11.15am

Workshop SL781 book via Eventbrite:

<https://www.eventbrite.co.uk/e/asd-adhd-responding-to-anger-781-for-parentscarers-in-herts-registration-1413258727899?aff=oddtcreator>

SCHOOL AVOIDANCE



- What is Emotionally Based School Avoidance and is this what your child is experiencing?
- Common causes and triggers of school avoidance.
- How EBSA is affecting you and your family.
- Practical steps you can take to support your child and look after yourself.
- How to work with your school in your child's best interests.

Monday 10th November, 7.30-9.15pm

Workshop SL783 book via Eventbrite:

<https://www.eventbrite.co.uk/e/talking-asd-adhd-school-avoidance783-for-parentscarers-in-herts-registration-1417463965879?aff=oddtcreator>

THE TEENAGE YEARS



- Teenage brain development and how it affects a child with ASD/ADHD.
- Reducing conflict by learning how to respond effectively to difficult situations.
- How to agree appropriate boundaries and teach risk assessment.
- Help teens develop independence skills.

Monday 13th October, 7.30-9.15pm

Workshop SL782 book via Eventbrite:

<https://www.eventbrite.co.uk/e/talking-asd-adhd-the-teenage-years-782-for-parentscarers-in-herts-registration-1417376895449?aff=oddtcreator>

TECH USE



- Keep your child safe online.
- Help your child to switch their device off.
- Support behaviour difficulties when playing.
- The effect of using devices as a reward or consequence.
- Teach children to develop their own methods of regulating device use and staying safe.

Monday 24th November, 7.30-9.15pm

Workshop SL784 book via Eventbrite:

<https://www.eventbrite.co.uk/e/talking-asd-adhd-tech-use-784-for-parentscarers-in-herts-registration-1417436894909?aff=oddtcreator>

Follow us on:



Contact via:

info@supportinglinks.co.uk
www.supportinglinks.co.uk

Funded by Hertfordshire County
Council's Targeted Parenting Fund



Information you share with us is used to process your booking. This will be held securely and only shared in accordance with our GDPR Policy.

<https://www.supportinglinks.co.uk/whatson.html>