

From the Headteacher

Dear Parents and Carers,

At this time of the year, we start to look at our priorities for school development for the next academic year and although I will not be at the school to see these developments become reality, it is important that we have a clear plan for my successor, Ms Phagura.

We have four sections to our school improvement plan, they are:

- A culture of scholarship
- Responsive teaching and learning
- Achievement for all
- Enriching lives

I do not intend to go through all this document; however, I would like to draw your attention to the most salient points.

Firstly, 'culture of scholarship' our focus is on homework in all its aspects. What homework is set, how often and what do we do when homework is not completed. We think if we can get this going it will really help with making sure that all our students are making progress.

Secondly, 'responsive teaching' will be looking to give students the confidence to take risks, to ask questions and get things wrong. We learn by taking risks and will do some work to encourage our learners to do so.

Thirdly, on 'achievement for all' there will be a review of the 'behaviour for learning' policy. Which I am sure will involve some student and parent input.

Finally, under 'enriching lives' we will be looking to strengthen parent voice and engagement.

These will be exciting developments, and I am sure that the new head will have lots of ideas and policies that she will want to pursue from September.

May I wish everyone a great half-term and remind those in year 11 and 13 that they are not really having a holiday, they should be revising!

**Kind Regards
Martyn Henson**

Science revision session

A large, modern classroom with students working at long tables. The room features a high ceiling with exposed ductwork and large windows. Students are engaged in various activities, including using computers and looking at materials on the wall.

Mr A Pearson
Head Of Science

Maths Competition

Congratulations to our team for finishing 4th in our heat, and earning the chance to compete at the finals!

We would like to congratulate each of the students nominated for their outstanding work and attitude to learning last half term. We look forward to celebrating the future successes of all our students.

Well done to Isla Brooke, Veda Kishore, Lewis Wilmot, and Hugo Dziemiach for their fantastic work!

Mr J Kay
Head of MFL

Miss C Wright
Teacher of Maths

Current House ABC Points Totals

31 March 2025	House	ABC Points
1st	Curie	36109
2nd	Mandela	33753
3rd	Teresa	33600
4th	Eliot	29874

Students Awarded

Spanish

- Abbie Munday (8C RCN)
- Will Allardyce (8C DAN)
- Sofia Perez-Moore (8E ECP)
- Sadie Taylor (8E LBT)
- Alfie Vlietinck (8C DAN)
- Lucie Pickett (9E ARD)
- Jessica Ferreira (9C MGS)
- Riley Cook (9C MGS)
- Evie Snell (9E ARD)
- Patrice Ncube (9C MGS)
- Thea Myles (11C RGY)
- Chloe Lamb (11C RGY)
- Sam Hince (12 MBS)



French

- Olive Richardson (7M BLO)
- Harry Reilly (7M JSN)
- Penny Chastell (7T AHY)
- Coco Tyler (7T LTR)
- Leah Paternoster (9T NFD)
- Noah Harrison Nixon (9T KWY)
- Christiana Stoyanova (9M JDT)
- Nadine Vidic (9M JDT)
- Mohammed-Naw Aswilami (9T KWY)
- Emmanuel Dwamena (10M EJS)
- Amelie Powell (13 JSO)



German

- Daisy Horwood (7C AMF)
- Layla Chumbley (7C TST)
- Cairon Misah Antwi (7E DMA)
- Eleanor Hardy (7E RME)
- Brayden Bray (7E RME)
- Lilianna Nowak (8T PPI)
- Isobella Crooks (8M JTL)
- Michael Adeyemo (8T PPI)
- Bobby-Allan Horn (8M JTL)
- Shreeya Soni (10E JBL)
- Melissa Aruxandei (11M SCN)
- Joshua Ching (11T MGT)





**A LEVEL
ART EXHIBITION**

ART EXHIBITION

MONDAY 23rd JUNE 4:30-6:30pm



**GCSE
ART EXHIBITION**

ART EXHIBITION

MONDAY 23rd JUNE 4:00-6:00pm

Farewell Year 13 – A Day to Remember!

Last week marked a poignant moment as we said goodbye to our incredible Year 13 students. After years of hard work, laughter, friendships, and growth, they celebrated their final day in true style!

The morning began with a fantastic form time party, filled with memories, laughter, and heartfelt goodbyes. Each form group took a moment to reflect on their time together — from awkward first-day introductions to becoming a close-knit family ready to take on the world.

At lunchtime, the celebrations continued with everyone's favourite treat: pizza! There was plenty to go around, and the atmosphere was full of energy and smiles as students shared stories and future plans.

The day concluded with the much-anticipated Leavers' Assembly — a truly memorable event packed with laughter and a few emotional tears. Highlights included teacher awards, a look back at some unforgettable moments, and a reminder of how much each student has grown since the start of their journey here. It was a fitting send-off for a year group that has left a lasting impression on the school.

As they now look ahead to their final exams and the exciting paths that lie beyond, we want to say a heartfelt good luck to all of our Year 13s. Whether you're heading off to university, starting an apprenticeship, or exploring new opportunities, we are incredibly proud of everything you've achieved.

Your resilience, spirit, and kindness have made our school a better place, and you'll always be part of our community. Go confidently in the direction of your dreams — and remember, you've got this!

Best of luck in your exams and for the future. You will be missed!

Mrs Saville
Head of Year 13









What a successful term for DofE!

We've now registered 108 Year 9 students who are beginning to embark on their DofE journey as they have chosen to extend themselves to volunteer within their community, improve their physical fitness and learn or develop a skill.

Our 12 groups of Year 10 students are currently embarking on their kit checks prior to their two Bronze expeditions within the local countryside next month. Soon it will be time for our Silver and Gold students to complete their expedition planning before heading off to The Peak District.

Our Year 13 Gold students who have also completed their Bronze and Silver Awards with Nobel have returned from celebrating their successes at Buckingham Palace. Our Gold Direct entrants will be expecting their invitations shortly.

Last year was another record breaking year for DofE in Nobel School. We are now consistently one of the top schools in the county and with the number of Awards being achieved at Bronze, Silver and Gold increasing year after year, it is no wonder that our students are successful and understand the importance of the internationally recognised qualification.

Miss L Steele
DofE Lead

Nobel Network - Guest Speaker Paul Rose

On Monday 12 May, Paul Rose came into Nobel to speak to our year 10 students. Paul who is the son of one of our previous Head Teachers at Nobel – Leslie Rose- agreed to come into school to talk about his career path to date



The students really enjoyed the presentation and were really enthused by how Paul progressed his career to owning a large company, Icon Connect and asked some poignant questions.

We would like to thank Paul for giving up his time to come and talk to the year 10 students and he has agreed to come and talk to other age groups in the school in the near future.

Paul has over 30 years' experience in technology, e-commerce business services, procurement, sales and marketing. As director and co-owner of Icon Connect since 2002, he is responsible for the company's Sales & Marketing and Finance functions. Prior to Icon Connect, Paul had successful careers across multiple disciplines from purchasing to sales & marketing and product management. Paul was a founder of the e-procurement best practice network and an advisor to the Chartered Institute of Purchasing and Supply on e-commerce.

He played a senior role in many blue-chip companies including LANTEC Information Services and Businessland, NeXT Computer, NetFrame, Acorn Computer and Rank Xerox. He has gained formal qualifications in Business Studies and from the Chartered Institute of Purchasing and Supply.

More recently Paul has held the position of [Chairman](#) of Serve On, a Humanitarian Search and Rescue charity.



Mr Stephen Howells
Head of Character and Enrichment

Nobel Network - Guest Speaker Frank Gonzalez

Frank kindly spoke to our year 8 students via teams on May 19 .

Frank attended Nobel School in the 1980's and now lives in America.

His current role entails overseeing the Equal Employment Opportunity (EEO) program for a large US Army organization as the Director of the EEO office. This entails overseeing complaints of discrimination, helping to provide accommodations for people with disabilities, helping to manage conflicts in the workplace and many other people focused programs.

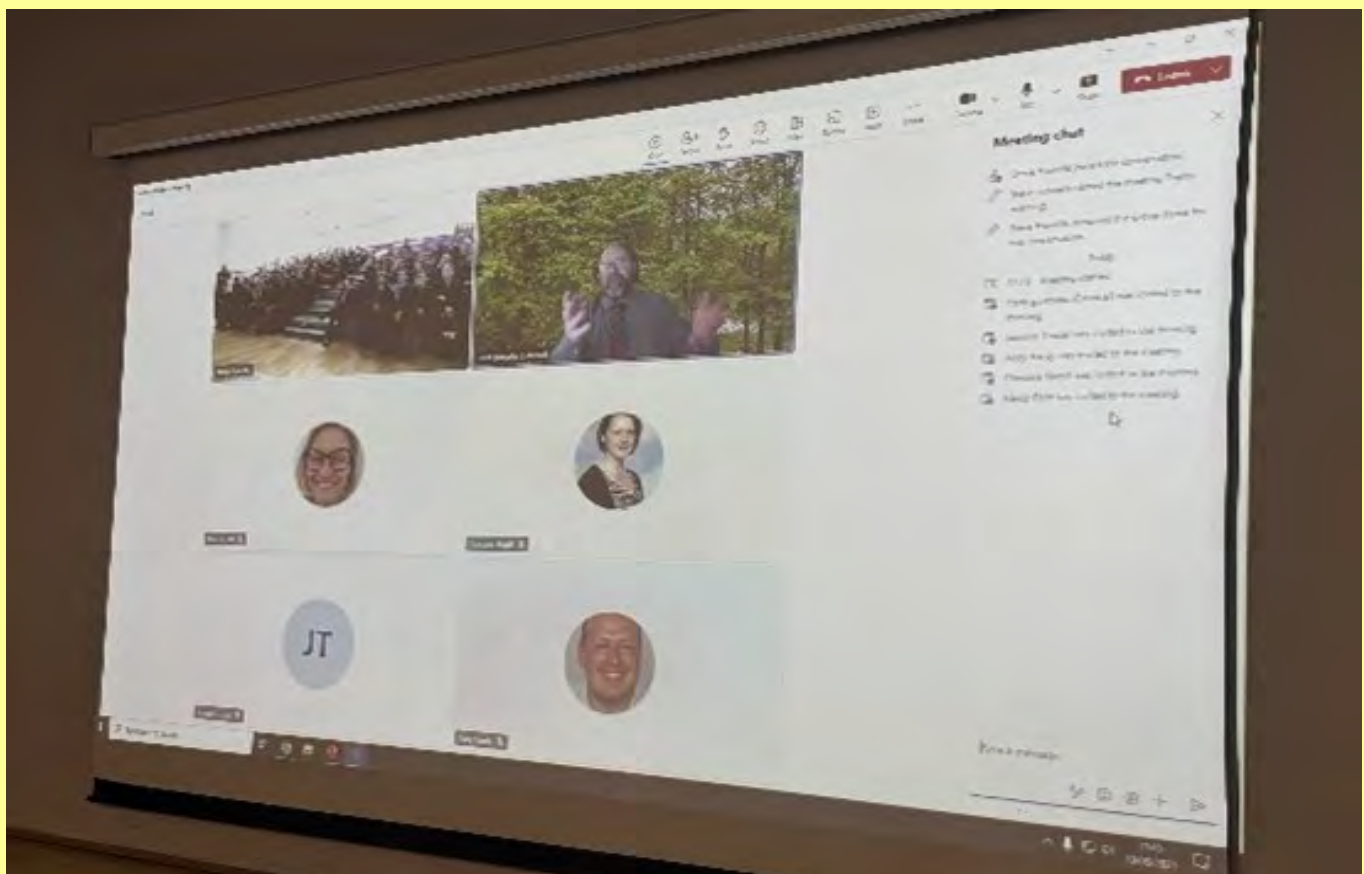
Previously, he was the Deputy Director for EEO at NASA HQ, prior to that Deputy Regional Civil Rights Director for the US Coast Guard. Frank started his civil service career with the US Air Force (USAF) after retiring from the USAF after 22 years. He joined the USAF immediately after leaving Nobel.

Frank explained that his current career has no degree directly applicable to it, but Human Resources and Law Degrees tend to help newcomers, however he went from an Electrical Engineering background into his current field, so a willingness to be a problem solver is the key skill set needed.



The year 8 students really enjoyed Franks presentation and asked lots of questions about his career. We would like to thank Frank for giving up his valuable time to talk to our year 8 students.

Mr Stephen Howells
Head of Character and Enrichment



We held our Quizine night on Friday 9 May with 13 teams competing. The questions and food were both to a very high standard. This time our food theme was Italian and we were served meat ragu, mushroom risotto along with crostini and insalata.

Mr Philcox yet again did an amazing job putting the quiz together and being the quiz master, Thank you.

Keep an eye out to see what theme our next Quizine is.

**Kind Regards
FONS Committee**

Dates for your diary—FONS Meetings

- Monday 9 June
- Tuesday 8 July

Both will be at 7pm in the school library

Email: kymarthur@btinternet.com for more information.



Dates for your Diary

Half Term Break - 26th—30th May (inclusive)

Monday 2nd June—Term begins for all



Sporting Student Spotlight

On Sunday 11 May 2025 Jasmine took part in the Hertfordshire & Bedfordshire County Track & Field Championships at the Bedford International Athletics Stadium.

This was her first time competing in these Championships in the Under 15 age group for Javelin and Discus events. Moving up an age group requires throwing a heavier Javelin and Discus, and Jasmine has been training hard to adjust.

She won Gold in the Girls U15 Javelin Hertfordshire County Championship match, after throwing a Personal Best of 20.93m!

Huge congratulations to Jasmine!

Mrs Camp
Head of PE



NOBEL PE AND DANCE

"To encourage maximum participation through an inclusive curriculum, inspiring students to fulfil a lifelong, healthy active lifestyle."



Lunch-time 1:30-2pm

Afterschool 3:05-4:05pm

EXTRA CURRICULAR CLUBS

MONDAY	Tennis (MUGA) – all years – ECP	Year 7 Boys Cricket (Field) – JFN
	Basketball (MUGA) – all years – SHS	Year 8 and 9 Boys Cricket (Field) – PWR/SHS
	Kwik Cricket (Field) – all years – PWR	KS3 and Year 10 Girls Rounders (Field) – ECP/CHL/RCN
TUESDAY	Tennis (MUGA) – all years – ECP	Year 7 and 8 Athletics (Field) – All PE Staff
	Basketball (MUGA) – all years – PWR/SHS	
	Volleyball (Field) – all years – JFN	
	Kwik Cricket (Field) – all years – NCT	
WEDNESDAY	Tennis (MUGA) – all years – CHL	SUMMER TERM 2025
	Basketball (MUGA) – all years – PWR	
	GCSE Dance Rehearsal (Dance Studio) – invite only – RPD	
THURSDAY	Tennis (MUGA) – all years – NCT	Year 9 and 10 Athletics (Field) – All PE Staff
	Basketball (MUGA) – all years – JFN	Nobel Dance (Dance Studio) – all years – RPD
	Girls Cricket Club (Field) – RCN	
FRIDAY	Tennis (MUGA) – all years – JSE	
	Basketball (MUGA) – all years – JFN/NCT	
	Multi Sports (Gymnasium or Field) – all years (invite only) – CHL/RCN	
	Afrobeats Dance (Dance Studio) – all years – RPD	

Football Sporting Student Spotlight

Well done to Evie (8E LBT) who has recently participated in two football tournaments in Sandy and Flitwick in successive days.



With only two goals conceded across both tournaments, the team reached the final.

Evie was awarded the official player of the tournament by Flitwick which is a wonderful achievement. Evie continues to impress in football!

Mr R Carolan
Teacher of PE



Also, well done to Oliver (9C MGS) who travelled to Hemsby with his football team AFC Walkern U14 on a football tour.

Despite being in a league with footballers older than them, Oliver's team were victorious and won the cup!

Mr R Carolan
Teacher of PE



UNIVERSITY FOCUS

Year 13: Our year 13 cohort have their offers and are now focused on exams and achieving the grades they need to meet the conditions of those offers.

This year we sent 108 applications to university and supported several former students in making their applications. We wish everyone the very best of luck in their exams.

Finance and funding: I have written about student finance in previous newsletters, but students and parents/guardians may find the following links helpful. The first of these explains again how student finance works and the second aims to support students in setting and managing a budget, especially useful for those moving away from home for the first time.

[Better Uni Choices: Fees, loans and grants](#)

[Better Uni choices: Setting and managing your budget.](#)

Year 12: Year 12 have begun their UCAS journey, with a visit in March to London Excel where they were able to meet with representatives from a huge number of universities as well as apprenticeship providers and employers. On June 5 the year group will be spending the day at the University of Hertfordshire for a taster day. Further information can be found here: [University Taster Day](#)

They will have the opportunity to hear subject talks, take part in taster lectures and workshops, tour university accommodation, get advice on writing personal statements and on student finance as well as to learn more about degree level apprenticeships and work placements. All students in Y12 should have signed themselves up for some sessions.

Open days: University open days are a fantastic and integral part of researching potential universities. For 2026 entry these typically take place between this June and October. Students in Y12 have had an assembly on making the most of open days and further information can be found here along with a calendar of some open days. Note this list is not exhaustive and students should do their own research on the universities that are of interest to them.

[Open Day Calendar](#)

[UCAS: preparing for a university open day.](#)

The UCAS search tool for 2026 entry is now open and students can begin to search for courses now and see entry requirements for courses. It is important that students are on track to meet those entry requirements by the time of application.

Admissions Tests: some courses require admissions tests. It is the responsibility of each student to know what, if any, admissions tests are required for their chosen courses, when and how they must register for the test. More information can be found here and students are always welcome to call into the UCAS office for further information or to scan the QR codes placed around the study room:

[Better Uni Choices: Admissions tests.](#)

The UCAS logo, featuring the letters 'UCAS' in a bold, sans-serif font. The 'A' is stylized with a red triangle pointing upwards.

University and Colleges
Admissions Service

Mrs U Bright
UCAS Co-ordinator

Student Book Review



Sunrise on the Reaping by Suzanne Collins

I always have wondered what Haymitch's story was. When this book finally came out, I couldn't wait to read it! It is the backstory of Katniss Everdeen's mentor: Haymitch. This book includes every detail about the 50th Hunger Games. Since it is a Quarter Quell, there are double the amount of tributes (48).

I would recommend this book because it has an intriguing storyline and a shocking ending!

Fans of the Hunger Games will enjoy this.

Penny Year 7



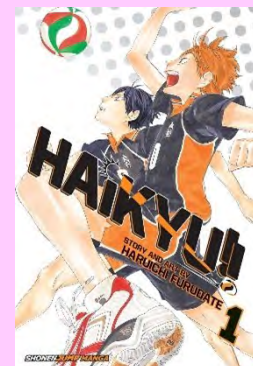
From the world of Percy Jackson, enjoy a new standalone adventure featuring Nico Di Angelo.

One Prophecy
Two Demigods
A Heroic Quest



Perfect for Harry Potter fans!

Sophie befriends the mythical Alicorn—and puts her mysterious powers to the test—in this enchanting sequel to *Keeper of the Lost Cities*.



A new addition to our Manga Bookshelf

Shoyo Hinata is out to prove that in volleyball you don't need to be tall to fly!

Thank you to everyone for all your new book suggestions – enjoy your next read!



Are you watching Race Across the World and interested in the countries being visited?

This series involves teams starting at the Great Wall of China and travelling through Nepal to India. They are on a budget and are not allowed to use air travel. They must navigate their way to the final destination visiting various checkpoints along the way. They are not allowed to take any mobile phones or devices with them but are provided with a map.

To find out more about the countries the teams are visiting on their Race Across the World, pop into the library and take a look at our dedicated display.

Books on offer include both fiction and non-fiction.

The fiction books are a trilogy written by Matt Dickinson who recently visited us here at Nobel. His books are about an 18-year-old called Ryan Hart who works for a medical charity in Nepal and his mission to climb Everest with mysteries and adventure along the way.



Mrs A Hawke
Librarian

Each week we have a
Genre focus
This week is Animal Stories



Pop into the Library for
recommendations and to look at
our display

Library Opening Times

Monday 8:15am to 4:15pm
Tuesday 8:15am to 4:15pm
Wednesday 8:15 to 4:15pm
Thursday 8:15am to 4:15pm
Friday 8:15am to 3:45pm

Also remember, you have

Accessit
LIBRARY

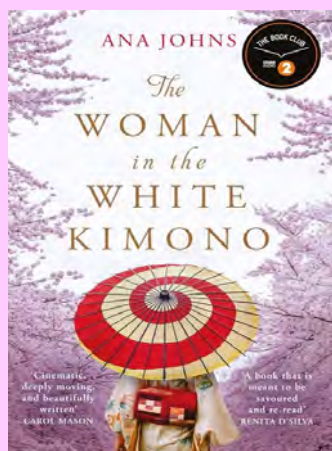
Sparx Reader

whenever you need them

NOBEL SCHOOL PARENTS, STAFF and COMMUNITY BOOK GROUP

The next meeting will be held in the Library,
6:30pm, on Tuesday 3rd June 2025

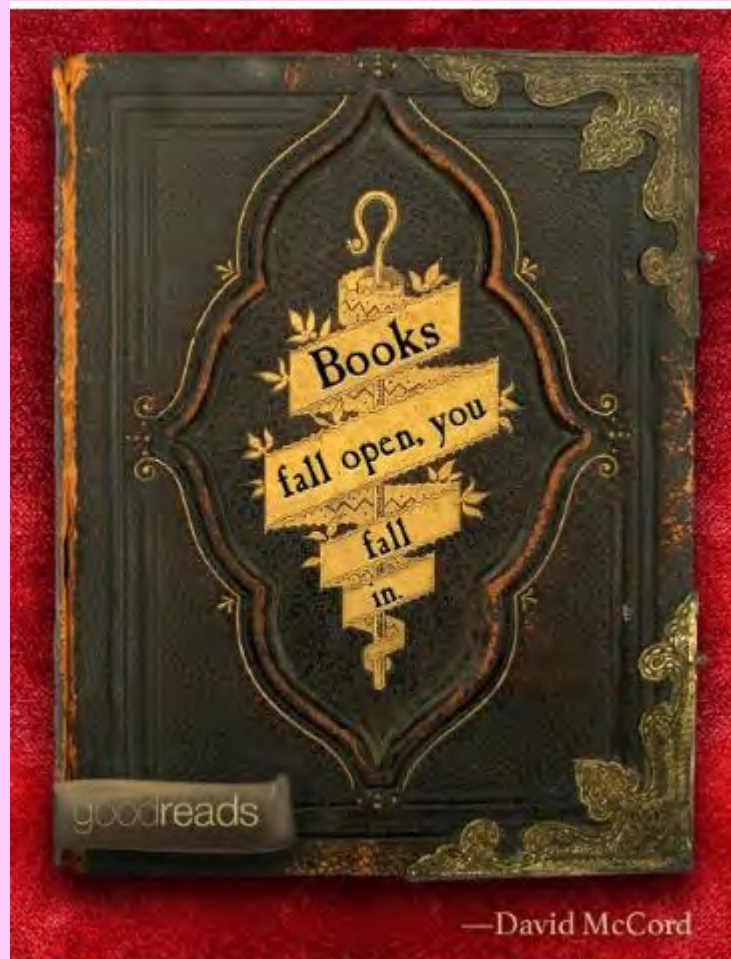
The book to read is:



Read all or part of the book and discuss it in a
friendly informal group

Contact: Amanda Hawke:

01438 222600



Developing Character

For the next two weeks of school, character focus is on the Nobelian virtue of being **GRATEFUL**.

The Character Conundrum for 23/05/25 - 13/06/25 is below. Please can you take some time during the fortnight to read through this with your child and discuss what the right moral choice would be.

Character Conundrum 16 – KIND

Most of the time Noah felt quite happy at school; but there was one thing he really did not like at all. Every day he saw the same boy in his class tease and bully the same girl during break time. The boy never bothered Noah but was very careful to tease the girl where teachers could not see it happen. No one ever said anything to the teachers. Noah feared that if he went to a teacher, it would get out that he was the one who 'grassed', and he did not want the boy to start bullying him instead. So, the dilemma was, should he tell, or should he ignore it?

Support

Noah's case highlights the uncomfortable position of potentially being unpopular with peers, for ultimately making the right decision to put the feelings of one person above those of someone who does not deserve any defence. Again, we have a situation here where young people may believe that it is their responsibility to solve the problem – it is not – however, in this case, unless the adults are aware of the problem, they are unable to act upon it.

Questions

- Can you identify the moral dilemma in this situation?
- What would you do if you were in Noah's shoes?
- Does the bully deserve Noah's protection by Noah keeping quiet?
- Do you think the code of silence around telling on someone changes as one gets older? Is it the same in primary school as it is in secondary school? As an adult?
- Is it Noah's responsibility to make the teachers aware of what is going on?

Warm regards

Mr N Brown

Assistant Headteacher

How to support your child using GCSEPod



What is GCSEPod?

GCSEPod is an award-winning expert in Subject Knowledge. We provide 3-5 minute bursts of audio-visual, teacher written learning which can help to reinforce and consolidate key GCSE topics covered in lessons.

Experts read and explain everything clearly including all the right facts, quotes, keywords, dates and diagrams on screen.

Tips & Tricks

- **Watch online or offline!** Ask your child to download some Pods to their mobile device, this way they are free expand their knowledge wherever they go.
 - **Create Playlists!** Use the My Playlist area to create bespoke playlists on topics that they may find challenging. Having a personalised playlist means your child has fast access to Pods that will help to fill in knowledge gaps.
 - **Use Favourites!** Challenge your child to a favourite 10 Pods on topics they find difficult/challenging. Watch the Pods together and use one of our other suggested learning techniques to help simplify what it is they're struggling with.
 - **Memory Cards!** Watch the Pods and then together write key facts, dates, diagrams and quotes. Then test their knowledge to see how much they remember.
- Top Tip* Turn it into a competition and reward your child for correctly answered questions. If you're stuck on what questions to ask your child then head over to our 'Quiz your Child' document.
- **Support Homework!** GCSEPod isn't just for revision, it's to help expand your child's subject knowledge. If your child is struggling with a piece of homework, you can search for the topic on GCSEPod and use the Pods as an additional resource.

Does your child know they have access to GCSEPod?

If your son or daughter have already activated their account, they simply need to log in with the username and password they've created.

If they've not yet activated their GCSEPod account, simply follow these simple instructions:

1. Go to www.gcsepod.com
2. Click **Login**
3. Click **New Here? Getting Started**
4. Ensure they've selected they are a **Pupil**
5. Enter their personal details as requested
6. Create a Username and Password



GCSEPOD.COM



INFO@GCSEPOD.COM



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Mental Health Awareness week

At The Nobel School , we're recognising **Mental Health Awareness Month**, with a special focus on **Mental Health Awareness Week (13–19 May)**. This is a time for all of us—students, teachers, and families—to learn more about mental health and how we can support ourselves and each other.

What Is Mental Health?

Mental health is all about how we feel, think, and cope with life. Just like physical health, we all have mental health—and sometimes, we might struggle. Feeling anxious before a test, overwhelmed by changes, or sad after a tough day is completely normal. But if these feelings last a long time, it's important to talk about them.



Why It Matters

- **1 in 4 people** in the UK experience a mental health problem each year.
 - Many young people face pressure from school, social media, or personal challenges.
- Talking about mental health helps break the stigma and reminds us we're not alone.

What We've Learned This Week

In assemblies, we've discussed how:

- Healthy relationships can make us feel supported, safe, and confident
- Unhealthy relationships—whether with friends, family, or online—can cause stress, anxiety, or low self-esteem

Setting boundaries, being kind, and speaking up when something doesn't feel right are important for our mental health

The Five Ways to Wellbeing at Nobel

Here's how students, parents and staff can take care of their mental health using the Five Ways to Wellbeing:

1. **Connect** – Spend time with friends and family. Talk, listen, and build strong relationships.
2. **Be Active** – Walk, run, dance, play sports—physical activity helps lift your mood.
3. **Take Notice** – Be mindful. Pause and appreciate the moment, your surroundings, and how you feel.
4. **Keep Learning** – Try something new. Learning boosts confidence and gives a sense of purpose.
5. **Give** – Do something kind for someone else. Helping others can make you feel happier and more connected.

Where to Find Support

If you're struggling or just need someone to talk to, help is always available:

- **Childline** – 0800 1111 or visit [childline.org.uk](https://www.childline.org.uk)
- **Samaritans** – 116 123 (24/7 for any age)
- **SHOUT** – Text “SHOUT” to 85258 for free support
- **Speak to a trusted adult** – a teacher, school counsellor, or your parent/carer
- Check out The Mental Health Hub

Final Message

Mental health is just as important as physical health. This month is a great time to start talking, listening, and supporting each other. Let's make our school a place where everyone feels safe, valued, and cared for—inside and out.

The Mental Health Team.



Mental Health & Wellbeing at Nobel School

Coffee Morning

FRIDAY 27 JUNE 2025
@ 9AM NOBEL LIBRARY



**Mental Health Coordinator
&
Director of Alternative
Provisions**

Drop in for a Chat and discuss

**The Nobel School approach
to Mental Health
and
The Importance of a
Routine**

**We look forward to seeing
then!**



CHURCH FARM, ARDELEY

A Free Range Experience



Camping at Church Farm

At Church Farm Ardeley we have very large camping fields which offer a wonderful opportunity for larger groups of families to book school class camping trips as well as individual family stays.

Accommodation includes the hire of bell tents and cabins (with or without 'glamping' options), as well as multiple woods and fields to pitch your own tents. All large groups are allocated roped private areas so that they can all camp together.

We offer a variety of options to enhance your stay: camp fire packs, BBQ hire, straw bales, and delicious food that can be ordered in advance from our website or purchased from our on-site farm shop. There is also a pub and restaurant (The Jolly Waggoner) as well as our café for the all-important teas, coffees and bacon rolls.

Camping at the farm also includes free farm passes (usually £6.95pp per day) for the duration of your stay. Get to know the animals, explore our woodland play area, follow the farm trail, and find out about growing and horticulture in our polytunnels and kitchen garden. And there are plenty of beautiful family walks in the peaceful, rolling Hertfordshire countryside.

Additional bookable activities include Egg Collecting, Goat Walking, Fairy Trail, Animal Feeding and (from Feb-April) Lamb Bottle Feeding.



Tel: [01438 861 447](tel:01438861447) Email: info@churchfarmardeley.co.uk
www.churchfarmardeley.co.uk

STEVENAGE

YOUTH WORK PROJECTS FOR YOUNG PEOPLE

REACH OUT

A programme of one-to-one and groupwork support for young people at risk of exploitation and abuse, helping them to make informed choices about safe and healthy relationships.

POSITIVE PATHWAYS

A programme of one-to-one support and groupwork for young people involved in or at risk of involvement in crime and antisocial behaviour.

11-5 HUB - BOWES LYON YOUNG PEOPLE'S CENTRE

Information, advice and support on a range of issues, including mental, emotional and physical health, healthy relationships, sexual health (including free condoms), personal safety, benefits and finances, alcohol and drug use, smoking and vaping and, for those not at school or college, help finding a course, job or apprenticeship.

Bowes Lyon Young People's Centre
St George's Way, Stevenage, SG1 1XY

Monday, Wednesday and
Friday 11am-5pm
For young people aged 11-19, up
to 25 for care leavers and those
with SEND

For more details of the youth work projects in this district, please visit the district project page on the SfYP website using the QR code below.

Tel: 0300 123 7538 Text: 07860 065173
sfyp@hertfordshire.gov.uk
www.servicesforyoungpeople.org
@HCCSYYP



Services for
Young People



01438 843340
sfyp.stevenage@hertfordshire.gov.uk
www.servicesforyoungpeople.org

Services for
Young People



SUMMER TERM 2025

Enabling young people to succeed

Area Service Manager: Lucy Davis
Youth Work Practice Manager: Laura Butcher

BOYS AND YOUNG MALES PROJECT

Bowes Lyon Young People's Centre
St George's Way, Stevenage, SG1
1XY

Mondays 6pm-8pm
For young people aged 11-14

STEVENAGE YOUTH COUNCIL

Bowes Lyon Young People's Centre
St George's Way, Stevenage,
SG1 1XY

Thursdays 6pm-8pm
For young people aged 11-17

IDENTITY PROJECT

Please contact
sfyp.stevenage@hertfordshire.gov.uk
or 01438843340 for more information

Mondays 6.30pm-8.30pm
For LGBT+ young people aged 13-17

EMOTIONAL WELLBEING PROJECT

Bowes Lyon Young People's Centre
St George's Way, Stevenage,
SG1 1XY

Thursdays 6.30pm-8.30pm
For young people aged 12-15

MEGAMIX PROJECT

Bowes Lyon Young People's Centre
St George's Way, Stevenage, SG1
1XY

Tuesdays 6.30pm-8.30pm
For young people aged 13-17 with
SEND

DUKE OF EDINBURGH

Bowes Lyon Young People's
Centre
St George's Way, Stevenage,
SG1 1XY

Fridays 4pm-6pm
For young people aged 14-25

SEND YOUTH COUNCIL

Bowes Lyon Young People's Centre
St George's Way, Stevenage, SG1
1XY

Wednesdays 6pm-8pm
For young people aged 11-17 with
SEND

THE OVAL PROJECT

The Oval Community Centre
Vardon Road, Stevenage, SG1 5RD

Fridays 6.45pm-8.45pm
For young people aged 11-14

RAISING ASPIRATIONS PROJECT

Bowes Lyon Young People's Centre
St George's Way, Stevenage, SG1 1XY

Thursdays 12.30pm-2.30pm
For home educated young people
aged 13-16

BEDWELL FRIDAY NIGHT PROJECT

Bowes Lyon Young People's Centre
St George's Way, Stevenage,
SG1 1XY

Fridays 7pm-9pm
For young people aged 14-17

Before a young person can attend a youth work project, a referral must be made via the SfYP website: www.servicesforyoungpeople.org.

EMPOWERING PARENTS TO HELP CHILDREN THRIVE



Bounce Forward, in collaboration with the Harry Kane Foundation, are gifting a series of six online sessions that equip parents with the knowledge and tools to foster mental resilience and emotional wellbeing for themselves and their children.

What we'll cover

- How the brain works, the link between thoughts, feelings and behaviour
- Nurturing optimism and thinking flexibly to overcome adversity
- Helping children gain more control over how they feel and behave
- Developing empathy
- How to connect meaningfully
- Enabling a growth mindset and focusing on strengths

17,000+ parents highly rate this programme

"It was so amazing, I looked forward to the sessions each week, learnt a lot of mind blowing information, that I have applied to my life and have seen improvements! Wish there was more sessions, so sad that it has ended! I have loved learning about my strengths, the ABCs, process praise, the growth mind set, being aware of my gremlins, it has been wonderful learning, and these sessions have been apart of my self care! Thank you ever so much!"

REGISTER HERE

Link to register : <https://bounceforward.com/bounce-forward-raise-resilience-hkf/>



Year 10 Summer School

Year 10 students parents—looking for a productive AND fun way to keep your teen engaged this summer?



To find out more and book visit

www.year10summerschool.co.uk

This August, we are running The Year 10 Summer School at North Herts College, designed to boost students' confidence in maths and English before Year 11.

The one week programme (4th–8th August) offers small classes, subject specialist teachers, and a balance of academic learning and activities such as a karting reward day.

The Year 10 Summer School

www.year10summerschool.co.uk

info@year10summerschool.co.uk

Parent & Carer Support

Summer Term 2025



FREE to parents and carers living in Hertfordshire

All courses are 6 weeks with a break for half term 26th-30th May

TALKING TEENS

6, weekly sessions for parents and carers of children aged **12-19**, covering:



- The Teen Brain: physical and emotional changes taking place and why behaviour changes.
- The link between behaviour and communicating difficult feelings.
- How to maintain your relationship with good communication.
- Understand risk taking behaviour around drugs, alcohol and gang culture.
- How to negotiate and reduce conflict.

Wednesdays

7.45 - 9.15pm

7th May to 18th Jun

Online Course: ID 759

Tuesdays

7.45 - 9.15pm

3rd Jun to 8th Jul

Online Course: ID 760

TALKING ADDITIONAL NEEDS

A 6-week group for parents and carers of children with any additional need aged **2-19**
Your child does not need a diagnosis.



- Understand your child's behaviour.
- Develop strategies that really work.
- Reduce conflict and increase co-operation.
- Improve emotional regulation.
- Explore sensory needs.
- Increase your child's resilience.
- Manage different needs in your family.

Tuesdays

9.30 - 11.30am

3rd Jun to 8th Jul

Face to Face: ID 755

**Gade Community Room
Oakleaf Primary School,
Hemel Hempstead**

Tuesdays

8.00 - 9.30pm

6th May to 17th Jun

Online Course ID 756

TALKING FAMILIES

6, weekly sessions for parents and carers of children aged **0-12** sharing tips on:

- Managing challenging behaviour with consistency.
- Encouraging positive behaviour.
- Building your child's self-esteem.
- Setting and maintaining boundaries.
- Responding to tantrums and difficult feelings in children.
- Developing a strong parent/child relationship now and for the future.



Thursdays

9.45 – 11.15am

8th May to 19th Jun

Online Course ID 757

Tuesdays

8.00 - 9.30pm

6th May to 17th Jun

Online Course ID 758

TALKING DADS

6, weekly sessions for dads & male carers of children **0-19** sharing information on:

- Improved listening and communication skills.
- A healthy dad-child relationship now and for the future.
- Effective strategies for dealing with anger and conflict.
- How to enforce boundaries.
- Being the dad, you want to be.



Wednesdays

7.45 - 9.15pm

4th Jun to 9th Jul

Online Course: ID 761

All courses are 6 weeks with a break for half term 26th-30th May

Booking essential. Please Quote the Course ID

**To check eligibility and book a place, please contact Supporting Links on:
07512 709556 or bookings@supportinglinks.co.uk**

These courses are provided free to parents by Hertfordshire County Council's Targeted Parenting Fund
Information taken on booking will be used to process your booking, check your eligibility, identify any access needs and will be stored in accordance with our GDPR policy which is available on request

Parent & Carer Support TALKING ASD & ADHD Workshops Summer 2025



Workshops are FREE to parents and carers living in Hertfordshire of children aged 2-25yrs with suspected or diagnosed Autistic Spectrum Disorder and/or Attention Deficit Hyperactivity Disorder.

← Eventbrite Page



ANXIETY & STRESS



- The difference between stress and anxiety.
- Understanding anxiety conditions in ASD/ADHD.
- Spot the signs of stress.
- Triggers amongst neurodivergent children.
- Help your anxious child feel safe.
- Early warning signs of mental health problems.

Wednesday 14th May, 9.30-11.15am

Workshop SL762 book via Eventbrite:

<https://www.eventbrite.co.uk/e/talking-asd-adhd-stress-anxiety-762-for-parentscarers-in-herts-registration-1307006775449>

COPING with CHANGE



- How children feel about and react to change.
- Prepare children for big changes such as starting a new school.
- Coping with small day to day changes.
- Responding to children when they are struggling.
- Learn from new experiences.

Wednesday 21st May, 7.30-9.15pm

Workshop SL763 book via Eventbrite:

<https://www.eventbrite.co.uk/e/talking-asd-adhd-coping-with-change-763-for-parentscarers-in-herts-registration-1308622327609?aff=oddtcreator>

RESPONDING to ANGER



- Healthy & unhealthy anger.
- How to spot the signs early.
- Our own and our children's triggers.
- Techniques that stop angry and aggressive behaviour escalating and when to use them.
- How to respond to our child in meltdown, keeping ourselves, our child and siblings safe.

Monday 9th June, 7.30-9.15pm

Workshop SL764 book via Eventbrite:

<https://www.eventbrite.co.uk/e/talking-asd-adhd-responding-to-anger-764-for-parentscarers-in-herts-registration-1301137008819>

THE TEENAGE YEARS



- Teenage brain development and how it affects a child with ASD/ADHD.
- Reducing conflict by learning how to respond effectively to difficult situations.
- How to agree appropriate boundaries and teach risk assessment.
- Help teens develop independence skills.

Wednesday 25th June, 7.30-9.15pm

Workshop SL765 book via Eventbrite:

<https://www.eventbrite.co.uk/e/talking-asd-adhd-the-teenage-years-765-for-parentscarers-in-herts-registration-1307948441999>

TECH USE

Wednesday 2nd July, 9.30-11.15am

Workshop SL766 book via Eventbrite:

<https://www.eventbrite.co.uk/e/talking-asd-adhd-tech-use-766-for-parentscarers-in-herts-registration-1307911732199?aff=oddtcreator>



- Keep your child safe online.
- Help your child to switch their device off.
- Support behaviour difficulties when playing.
- Using devices as a reward or consequence.
- Teach children self-regulation

Follow us on:



Contact via:

info@supportinglinks.co.uk
www.supportinglinks.co.uk

Funded by Hertfordshire County Council's Targeted Parenting Fund



TALKING ADDITIONAL NEEDS



Tuesdays 9.30 - 11.30am Face to Face Course: ID 755
3rd, 10th, 17th, 24th June, 1st & 8th July 2025

Gade Community Room, Oakleaf Primary School,
Hemel Hempstead, HP1 2JU

Tuesdays 8.00 - 9.30pm Online Course: ID 756
6th, 13th, 20th May, 3rd, 10th & 17th June 2025
Delivered online using Zoom

A 6-week group for parents and carers of children with any additional need. Your child does not need a diagnosis.

- Understand your child's behaviour.
- Develop strategies that really work.
- Reduce conflict and increase co-operation
- Improve emotional regulation
- Explore sensory needs.
- Increase your child's resilience.
- Manage the different needs within your family.

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'I have been on a few courses to help me with my child but this was by far the most helpful'

Booking essential
Please quote the course ID
To check eligibility and book a place,
contact Supporting Links on:
07512 709556

bookings@supportinglinks.co.uk
www.supportinglinks.co.uk

These courses are provided free to participants by Hertfordshire County Council's Targeted Parenting Fund



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TALKING DADS



Wednesdays 7.45 - 9.15pm Online Course: ID 761
4th, 11th, 18th, 25th June, 2nd & 9th July 2025

6, weekly sessions for dads & male carers of all ages, sharing information on:

- Increasing confidence in your parenting.
- Developing a healthy dad/child relationship now and for the future.
- Improved listening and communication skills.
- Effective strategies for dealing with anger and conflict.
- How to enforce boundaries.
- Being the dad you want to be.

Our online support sessions are delivered weekly via Zoom.
Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

"The course has given me the confidence to know that I can break out of the cycle and make things different for my child."

Booking essential
Please quote the course ID
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TALKING FAMILIES



Thursdays 9.45 - 11.15am Online Course: ID 757
8th, 15th, 22nd May, 5th, 12th & 19th June 2025

Tuesdays 8.00 - 9.30pm Online Course: ID 758
6th, 13th, 20th May, 3rd, 10th & 17th June 2025

6, weekly sessions for parents and carers of children under 12, sharing tips on how to:

- Manage challenging behaviour with consistency
- Encourage positive behaviour
- Build your child's self esteem
- Set and maintain boundaries
- Respond to tantrums and difficult feelings in children
- Develop a strong parent/child relationship now and for the future

Our online support sessions are delivered weekly via Zoom.

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'Every parent should do this course! It has taught me so much about how to deal with family life.'

Booking essential
Please quote the course ID
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TALKING TEENS



Wednesdays 7.45 - 9.15pm Online Course ID 759
7th, 14th, 21st May, 4th, 11th & 18th June 2025

Tuesdays 7.45 - 9.15pm Online Course: ID 760
3rd, 10th, 17th, 24th June, 1st & 8th July 2025

6, weekly sessions for parents and carers of children aged 12-19, covering:

- The Teen Brain: Recognising the physical and emotional changes taking place during the teenage years and why their behaviour changes.
- The link between behaviour and difficult feelings.
- Maintaining your relationship with good communication.
- Understanding risk taking behaviour around drugs, alcohol and gang culture.
- How to negotiate during a conflict situation.

Our online support sessions are delivered weekly via Zoom.

Groups are open to parents, carers, grandparents and guardians living, or with a child

"Our home is no longer a battlefield. I am less stressed and my teenager speaks to me more. Thank you!"

Booking essential
Please quote the course ID
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