



VISION: *To encourage maximum participation through an inclusive curriculum, inspiring students to fulfil a lifelong, healthy active lifestyle.*

	Foci	Assessment	Knowledge Organiser
R184	<p><u>Contemporary issues in sport</u></p> <p>In this unit, students will learn about a range of topical and contemporary issues in sport, relating to; participation levels and barriers, promotion of values and ethical behaviour, the role of high-profile sporting events, the role of national governing bodies and how technology is used within sport.</p>	<p>Written paper set and marked by OCR exam board</p> <p>70 marks</p> <p>1 hour 15 mins</p>	<p>ZigZag Knowledge Organiser</p>
R185	<p><u>Performance and leadership in sports activities</u></p> <p>In this unit, students will learn how to develop their skills as both a performer, in two different sporting activities, and as a leader in one activity. As a leader they will have the opportunity to plan, deliver and review safe and effective sporting activity sessions. They also have the opportunity to develop a range of transferable skills.</p> <p>Students will work both independently and as part of a team, including communicating with team mates as well as being in front of an audience when they perform. They will perform under pressure, both as a participant and as a leader, and will use their initiative to solve problems and make decisions. They will also deal with rapidly changing conditions and situations.</p>	<p>Centre-assessed tasks which are moderated by OCR exam board</p>	<p>ZigZag Knowledge Organiser</p>



R187

Increasing awareness of outdoor and adventurous activities

In this unit, students will learn how to find out information about what opportunities there are in their local area, as well as nationally in the UK, for all different types of activities. They will learn how you can benefit from and enjoy activities safely by finding out what equipment, clothing, facilities and technology you need, as well as completing planning to help keep them safe.

Centre-assessed tasks which are moderated by OCR exam board