

Year:

Subject: **RSHE**

Vision Nobel students can engage with challenging literature from different eras and cultures in order to empathise with and appreciate the perspectives of others and develop the confidence and skills to articulate their own views clearly.

	Foci	Assessment	Knowledge Organiser
Unit 1	 Topic = Health and Wellbeing Introduction and baseline assessment Managing our behaviour to achieve What is mindfulness? The importance of sleep Screen time Personal safety and first aid Vaping, nicotine and addiction Assessment 	 Baseline quiz at the start of the unit. End of unit assessment: part multiple choice, part short answer knowledge recall. All marked in class and percentages recorded to show knowledge progress from start to end of unit. 	Autumn 1: Health and Wellbeing
Unit 2	Topics = RSE (Relationships & Sex education) Positive relationships Consent Sexting – the law and dangers Contraception STIs Child sexual exploitation Eating disorders Assessment	3. Baseline quiz at the start of the unit. 4. End of unit assessment: part multiple choice, part short answer knowledge recall. All marked in class and percentages recorded to show knowledge progress from start to end of unit.	Spring/Summer 1: RSE: Relationships & Sex Education
Unit 3	Topics = Living in the wider world Being a British Citizen Xenophobia Prejudice and discrimination Homophobia Budgeting our money Creating a budget plan Finance: credit, debit, tax, NI	 Baseline quiz at the start of the unit. End of unit assessment: part multiple choice, part short answer knowledge recall. All marked in class and percentages recorded to show knowledge progress from start to end of unit. 	Summer 2: Living in the wider world