

Summer Task 2

Choose a Olympic sport and trace how an individual could get on the pathway to develop and become an Olympian representing his/ her country. Things you need to research here would be –

1. State how the person could get involved in the sport – where would they start?
2. How would they then progress to develop their skills?
3. How would they get into club and county competition?
4. What support would they require to develop their abilities – parents, school, club and governing body?
5. What facilities and support could a governing body offer them to develop in the chosen sport?

Please produce a project tracing the sporting development of this individual in a named sport.