

## A Level Psychology

To help you to make the best start in your new subject, and to help you explore different and enriching aspects of the subject, your teachers have prepared a Reading, Watching and Listening list. Please access all of these resources over the summer.

	Title	Description	Hyperlink
 Read	<b>The Intersection of Genes, the Environment, and Crime and Delinquency: A Longitudinal Study of Offending</b>	The discipline of criminology has been dominated by social and environmental explanations to crime, criminality, and delinquency. At the same time, biogenic theories of antisocial behavior have historically been marginalized, ridiculed, and ignored by criminologists.	<a href="https://www.ojp.gov/pdffiles1/nij/grants/231609.pdf">https://www.ojp.gov/pdffiles1/nij/grants/231609.pdf</a>
 Read	<b>The History &amp; Evolution of Mental Health &amp; Treatment</b>	The question of how to address mental health issues has existed since antiquity; the answers have evolved across cultures and millennia, adapting as the understanding of the human condition has changed in the face of advances in science, chemistry, medicine, and psychology.	<a href="https://sunrisehouse.com/research/history-evolution-mental-health-treatme">https://sunrisehouse.com/research/history-evolution-mental-health-treatme</a>
 Watch	<b>Three Identical Strangers</b>	A 2018 documentary film directed by Tim Wardle, about the lives of Edward Galland, David Kellman, and Robert Shafran, a set of identical triplets adopted as infants by separate families.	<b>Available on Netflix</b>
 Watch	<b>The Case of David Reimer</b>	“The Boy Called Brenda”. This documentary follows the life of David Reimer, the boy born as a boy and raised as a girl. It tackles the nature vs. nurture debate and the importance of ethics in research.	<a href="https://www.youtube.com/watch?v=9LQBcAVghu4&amp;t=113s">https://www.youtube.com/watch?v=9LQBcAVghu4&amp;t=113s</a>  <a href="https://www.youtube.com/watch?v=Xca0FSvWWc">https://www.youtube.com/watch?v=Xca0FSvWWc</a>  <a href="https://www.youtube.com/watch?v=BXOFplbgxW0">https://www.youtube.com/watch?v=BXOFplbgxW0</a>  <a href="https://www.youtube.com/watch?v=vfWe3crKDdk&amp;t=2s">https://www.youtube.com/watch?v=vfWe3crKDdk&amp;t=2s</a>

 Watch	<b>Elizabeth Loftus on the reliability of memory</b>	Psychologist Elizabeth Loftus studies memories. More precisely, she studies false memories, when people either remember things that didn't happen or remember them differently from the way they really were.	<a href="https://www.ted.com/talks/elizabeth_loftus_how_reliable_is_your_memory?language=en">https://www.ted.com/talks/elizabeth_loftus_how_reliable_is_your_memory?language=en</a>
 Listen	<b>“The Campus Killer” Pt. 2: Ted Bundy – podcast</b>	In 1974, Ted Bundy embarked on a murderous road trip across America committing dozens of murders from Colorado to as far as Florida.	<a href="https://podcasts.apple.com/za/podcast/serial-killers/id1205030005?i=1000465469436">https://podcasts.apple.com/za/podcast/serial-killers/id1205030005?i=1000465469436</a>
 Listen	<b>The Brain Architects Podcast: Brain Architecture: Laying the Foundation</b>	Why are the early years of a child’s life so important for brain development? How are connections built in the brain, and how can early brain development affect a child’s future health?	<a href="https://developingchild.harvard.edu/resources/the-brain-architects-podcast-brain-architecture-laying-the-foundation/">https://developingchild.harvard.edu/resources/the-brain-architects-podcast-brain-architecture-laying-the-foundation/</a>
 Listen	<b>Hidden Brain</b>	NPR science correspondent Shankar Vedantam hosts a weekly podcast called “HIDDEN BRAIN” focusing on social sciences to explain human behaviour. Vedantam interviews psychologists and expert scientists to explore different facets of the brain and behaviour. In a recent episode, John Hibbing, a political scientist at the University of Nebraska-Lincoln, said that he can tell if someone tends to lean toward a liberal or conservative point of view based on a brain scan. This claim suggests that political views could be in part influenced by our biology in addition to our environments.	<a href="https://www.npr.org/templates/story/story.php?storyId=510308&amp;t=1623746870971">https://www.npr.org/templates/story/story.php?storyId=510308&amp;t=1623746870971</a>
 Listen	<b>Popcorn Psychology</b>	On <i>Popcorn Psychology</i> , three licensed therapists break down the psychological behaviours and issues found in your favourite movies. The podcast’s premise could have teetered into gimmick-territory, but the result is undoubtedly entertaining. It’s hardly surprising that the podcast has a devoted listenership of those who want to dive deep into the media they consume. <i>Popcorn</i>	<a href="https://podcasts.apple.com/us/podcast/popcorn-psychology/id1367195038">https://podcasts.apple.com/us/podcast/popcorn-psychology/id1367195038</a>

		<p><i>Psychology</i> makes us question the merit of retrospectively diagnosing fictional characters, but since many people have grown up learning behaviors from pop culture, there is value in unpacking the psychological motivations behind the characters we see on screen.</p>	
 Listen	<b>Speaking of psychology</b>	<p><i>Speaking of Psychology</i>, presented by Kim I. Mills, delves into the academic side of psychological study. Produced by the American Psychological Association, it aims to provide a platform for the latest case studies in the hope that individuals outside academic research can apply science-based insights to their everyday lives. Like a peer-reviewed journal delivered through your headphones, the weekly interviews have featured discussions on everything from the application of low-dose psychedelics to ways of coping with the pandemic. The show’s academic vocabulary is understandable, but it would be false to claim that <i>Speaking of Psychology</i> is the most accessible show out there. What makes it worth listening to is the quality of the show’s research and the ever-increasing importance of rigorous academic inquiry in the podcasting sphere.</p>	<a href="https://www.apa.org/research/action/speaking-of-psychology">https://www.apa.org/research/action/speaking-of-psychology</a>