

WEEK 1	MEAL 1	VEGAN	DESSERT	
MONDAY	Thai Chicken & Rice	Mexican Bean & Pepper Chilli with Rice	Chocolate FlapJack	Daily Baguettes
TUESDAY	French Style Beef Casserole & Mash	Tomato, Basil & Olive Pasta	Lemon Shortbread	Daily Baguettes
WEDNESDAY	Roast Gammon lunch	Roasted Squash Tagine & Cous Cous	Chocolate Sponge	Daily Baguettes
THURSDAY	Slow Braised Lamb Curry & Rice	Sweet Potato & Spinach Curry	Muffin	Daily Baguettes
FRIDAY	Cheese Burger & Chips	Vegan Burger & Chips	Cookies	Daily Baguettes