

NOBEL SCHOOL SPORTS DAY

Friday 8th July 2016

Organisation of Sports Day teams – information for form tutors

It is the time of the year to organise your form into an athletics team for Sports Day. **Please work with your form group to complete the team list. Two team sheets need to be completed by each form. One copy of the sheet needs to be returned to your Head of House by Friday 1 July and the other copy kept within the form group, to be displayed on the form board.**

Please also go through the following instructions with your tutor group carefully:

- The sports day will be held at Ridlins athletic track and students need to make their own way there and back.
- Students must be changed and ready to compete when they arrive at the athletics track. If their event is not until later in the day, they may need to bring tracksuits to keep warm. They should also bring enough food and water for the day, as well as appropriate clothing for the weather (hats and sun cream for hot weather, waterproofs for wet weather).
- If they are not competing then they must stay in the main stand. (See attached diagram). **Nobody apart from the officials is allowed on the inside of the track. Students are not allowed to leave the sports ground during the course of the day, and any student found doing so will receive a sanction for truanting.**
- Every student must compete in at least one event.
- Each student will be limited to a maximum of two events (one track and one field event).
- All competitors must wear their school PE kit shorts and socks. Students should also wear a plain T- shirt (not vest or crop top) to match their house colour.

Curie – blue
Eliot – green
Mandela – red
Teresa – yellow
- Following each event, winners will be announced and medals will be presented. The final presentation will take place at the end of the event.

Good luck to everyone!

Please encourage a good form spirit. Tutors have the final say in team organisation. It is vital that the correct competitor reports for the chosen event. Remember, it's the taking part that counts!

Thank you.

The P.E Department

Year 7 Team Sheet**Form**

EVENT	BOYS	GIRLS
HURDLES		
100M		
200M		
400M		
300M		
800M		
1500M		
SHOT		
DISCUS		
JAVELIN		
LONG JUMP		
TRIPLE JUMP		
HIGH JUMP		
RELAY 4X100M		
RELAY 8X50M		
RESERVES		

EVENT	BOYS	GIRLS
HURDLES		
100M		
200M		
300m		
800M		
1500M		
SHOT		
DISCUS		
JAVELIN		
LONG JUMP		
TRIPLE JUMP		
HIGH JUMP		
RELAY 4X100M		
RELAY 8X50M		
RESERVES		

Year 9 Form Team Sheets**Form**

EVENT	BOYS	GIRLS
HURDLES		
100M		
200M		
300M		
800M		
1500M		
SHOT		
DISCUS		
JAVELIN		
LONG JUMP		
TRIPLE JUMP		
HIGH JUMP		
RELAY 4X100M		
RELAY 8X50M		
RESERVES		

Year 10**Form**

EVENT	BOYS	GIRLS
HURDLES		
100M		
200M		
400M		
300M		
800M		
1500M		
SHOT		
DISCUS		
JAVELIN		
LONG JUMP		
TRIPLE JUMP		
HIGH JUMP		
RELAY 4X100M		
RELAY 8X50M		
RESERVES		

Year 12**Form**

EVENT	BOYS	GIRLS
HURDLES		
100M		
200M		
400M		
800M		
1500M		
SHOT		
DISCUS		
JAVELIN		
LONG JUMP		
TRIPLE JUMP		
HIGH JUMP		
RELAY 4X100M		
RELAY 8X50M		
RESERVES		

SPORTS DAY STAFF DUTIES

- Apart from staff required to officiate, all other staff will supervise students who are not competing or are between events. All staff should wear their ID badges.
- Students will sit/ stand in form groups in the stadium stand (see diagram). Form tutors should keep members of their tutor group in their allocated area of the stadium. Students must not be allowed to wander around the track or across it into the field events areas.
- Bin liners will be provided to all form tutors at the start of the day to help deal with form litter.
- Registers should be taken at 8:30am and before the final presentation.
- Each form needs a member of staff responsible for them with a copy of their team sheet, to ensure students go to the correct event. Each form will be allocated Sixth Form helpers to help with team managing and supervising.
- Some of Curie and Teresa will be on the grass so tutors and their tutees should bring rugs, chairs, gazebos etc.
- Heads of House will remain with their Houses and co-ordinate cheering!
- Experience suggests that students respond very well to the day. The main task is to keep non-runners off the track and in the spectators' enclosure.
- Drinks are available for competitors after their running event.

Any problems see SHS.

OFFICIALS

Referee: **SHS**

Presentation: **SLT, Head Boy, Head Girl**

Starter: **SHS**

Starter's Marksperson: **MGR**

Track Recorder: **EPO**

Runner: **6th form students**

Hurdles: **All track staff and 6th form students**

Head Time Keeper: **UBT**

Time Keepers: **UBT, NBN, WPY, BLE & HSL**

Place Judges: **8 6th form students**

Announcements: **SMY**

Relay Changeovers: **HFY, JSE, NCT & PWR**

Shot Put: **NCT, DKY & LMN, 6th form students**

Javelin: **RME, DSI, DPE & 6th form students**

Discus: **PWR, JBL, GDS & 6th form students**

Long Jump: **HBT, SCI, AHS & 6th form students**

Triple jump: **RSE, STR & CFS**

High Jump: **JSE, HFY, CDY & 6th form students**

Scorers: **CCY, ITA, JMT & RFN**

First Aiders: **TML & GHH**

Rota for supervising the front gate and back exit from stand area (behind toilets in the grandstand)

	8.50 – 9.50	9.50 – 10.50	10.50 – 11.50	11.50 – 12.50	12.50 -1.50
Front gate	BBM	NRE	RCX	DMN	BBM
Back exit in stand	DMN	BBM	NRE	RCX	DMN

Staffing supervision of form groups

The expectation is that staff ensure all students arrive at races on time and that students remain in the area behaving in a sensible way. Staff should have a sports day booklet to refer to during the day – to ensure all students have access to the race and field event timetable.

CURIE – SCN to oversee 7C DMV DMV 7C RLR RLR 8C DCE DCE 8C PWR EFN 9C CQN CQN 9C LBM LBM 10C HTR HTR 10C PFT PFT 12C JPO JPO 12C BLK BLK	ELIOT – DCP to oversee 7E DCP LGT 7E SCN ASH 8E AHY AHY 8E PWE PWE 9E KTN KTN 9E SWE SWE 10E JHS JHS 10E CMM DPE 12E APN APN 12E NCT KSE
MANDELA – CSL to oversee 7M CTL CTL 7M RWT RWT 8M RME NES 8M JFN JFN 9M RCE RCE 9M BCS BCS 10M EPO GTW 10M LSE LSE 12M KDL KDL 12M SCE SCE	TERESA – CMM to oversee 7T JBT JBT 7T LRN LRN 8T GBE GBE 8T KHS KHS 9T BGZ BGZ 9T MFN MFN 10T AMR AMR 10T JPT JPT 12T MHN MHN JBX/NFD form

SPORTS DAY ORDER OF EVENTS AND EVENT ORGANISATION

- 8:15am - staff in position in stands ready to register.
- 8:30am - students arrive and go straight to form tutor for registration
- 8:40 – 8.55am – whole school warm up with flags

Events Timetable

TIME	High Jump	Long Jump	Shot Put	Discus	Triple jump	Javelin	Track Events Year 7, 8, 9, 10 & 12
9:00 – 9:40am	Year 7	7	8	8	9	9	800m and 1500m
9:40 – 10:20am	10&12	10&12	7	7	8	8	Hurdles
10:20 – 11:00am	8	8	9	9		10&12	400m /300m
11:00am – 11:20pm	Break	Break	Break	Break	Break	Break	Break
11:20 – 12:00pm	9	9	10&12	10&12	10&12	7	200m
12:00 – 12:20pm							100m
12:20 – 1:05pm							Relay races, including staff house relay and 6 th form versus staff relay.
1:10 -1:40pm							Final presentation

1.45pm – Students will be dismissed by MH and supervised by form tutors until students have left the stadium. Form tutors should remain with their form until the last form member has left.

Track Events Organisation

EVENT 1	800 METRES - ALL BOYS AND GIRLS RUN TOGETHER
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EVENT 2	1500 METRES - ALL BOYS AND GIRLS RUN TOGETHER
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EVENT	HURDLES	1	2	3	4	5	6	7	8	TRACK MARKING	HEIGHT OF HURDLES
3	YEAR 7 GIRLS	M	M	C	C	E	E	T	T	Pink	68 (8)
	YEAR 7 BOYS	C	C	E	E	T	T	M	M	Black	76 (8)
	YEAR 8 GIRLS	E	E	T	T	M	M	C	C	Black	76 (8)
	YEAR 8 BOYS	T	T	M	M	C	C	E	E	Black	76 (8)
	YEAR 9 GIRLS	M	M	C	C	E	E	T	T	Orange	76 (8)
	YEAR 9 BOYS	C	C	E	E	T	T	M	M	Black	84 (8)
	YEAR 10 GIRLS	M	M	C	C	E	E	T	T	Black	84 (8)
	YEAR 10 BOYS	C	C	E	E	T	T	M	M	Black	84 (8)
	Year 12	M	M	C	C	E	E	T		Black	84(8)

EVENT 4	400M	1	2	3	4	5	6	7	8
	Year 8 boys	E	E	T	T	M	M	C	C
	Year 9 boys	T	T	M	M	C	C	E	E
	Year 10 boys	M	M	C	C	E	E	T	
	Year 12 boys	C	C	E	E	T		M	M
EVENT 5	300M	1	2	3	4	5	6	7	8
	Year 10 girls	M	M	C	C	E	E	T	T
	YEAR 12 girls	C	C	E	E	T	M	M	

EVENT 6	200M	1	2	3	4	5	6	7	8
	YEAR 7 GIRLS	C	C	E	E	T	T	M	M
	YEAR 8 GIRLS	E	E	T	T	M	M	C	C
	YEAR 9 GIRLS	T	T	M	M	C	C	E	E
	YEAR 10 GIRLS	M	M	C	C	E	E	T	T
	YEAR 12 GIRLS	C	C	E	E	T		M	M
	YEAR 7 BOYS	C	C	E	E	T	T	M	M
	YEAR 8 BOYS	E	E	T	T	M	M	C	C
	YEAR 9 BOYS	T	T	M	M	C	C	E	E
	YEAR 10 BOYS	M	M	C	C	E	E	T	T
	YEAR 12 BOYS	C	C	E	E	T		M	M

EVENT 7	BOYS 100M	1	2	3	4	5	6	7	8
	YEAR 7 GIRLS	C	C	E	E	T	T	M	M
	YEAR 8 GIRLS	E	E	T	T	M	M	C	C
	YEAR 9 GIRLS	T	T	M	M	C	C	E	E

EVENT	BOYS 100M	1	2	3	4	5	6	7	8
	YEAR 10 GIRLS	M	M	C	C	E	E	T	T
	YEAR 12 GIRLS	C	C	E	E		T	M	M
	YEAR 7 BOYS	C	C	E	E	T	T	M	M
	YEAR 8 BOYS	E	E	T	T	M	M	C	C
	YEAR 9 BOYS	T	T	M	M	C	C	E	E
	YEAR 10 BOYS	M	M	C	C	E	E	T	T
	YEAR 12 BOYS	C	C	E	E	T		M	M

EVENT	RELAY 4X100	1	2	3	4	5	6	7	8
8	YEAR 7 GIRLS	M	M	C	C	E	E	T	
	YEAR 8 GIRLS	C	C	E	E	T	T	M	M
	YEAR 9 GIRLS	E	E	T	T	M	M	C	C
	YEAR 10 GIRLS	T	T	M	M	C	C	E	E
	YEAR 12 GIRLS	M	M	C	C	E	E	T	
	YEAR 7 BOYS	M	M	C	C	E	E	T	T
	YEAR 8 BOYS	C	C	E	E	T	T	M	M
	YEAR 9 BOYS	E	E	T	T	M	M	C	C
	YEAR 10 BOYS	T	T	M	M	C	C	E	E
	YEAR 12 BOYS	M	M	C	C	E	E	T	
	Staff/ Student relay								

CURIE

MANDELA

ELIOT

TERESA

Entrance

Scorers'
Hut & First
Aid

All spectators are to remain in their allocated areas

6TH FORM AREA

