



LONG TERM PLANS DANCE
Performance Faculty Dance Year 12

YEAR 2016/17

Autumn term

Half term 1

Half term 2

Theory and Workshop based Lessons
 Regular technique class at the start of every lesson.

Theory Section A:
 Anatomy of the body in Space, Strength, Stamina, Joints and safe dance practice.

Theory Section B:
 Analysing the works 'Hurricane' by Christopher Bruce, 'Zero Degrees' by Akram Khan, 'Scattered' by Motionhouse, 'Beach birds for camera' by Merce Cunningham and Revelations by Alvin Ailey.

Theory into Practical Section B- Performance in a Group:
 Looking at the use of movement repertory from the five listed works above to study for the group performance.

Group Composition focused on Unit: DANC2
 Teacher led Group choreography tasks to prepare for working with different numbers of dancers.

Solo Composition: DANC 2
 Solo Composition Performance Critical Appreciation
 Specific knowledge and application of good technical skills.
 Looking at improving and understanding the concept of Technical skills.
 Posture
 Confidence
 Action
 Space
 Dynamics
 Mobility
 Flexibility
 Strength
 Balance
 Co-ordination
 Stamina

Theory and Workshop based Lessons
 Regular technique class at the start of every lesson.

Theory Section A:
 Answering questions in relation to their own dance practice

Theory Section B:
 Constituent features of the five prescribed works for the theory paper. Accompaniment, Costume, Lighting and Set Design.

Theory into Practical Section B- Performance in a Group
 Rehearsal and refinement of performance in a group based on one of the works studied.

Group Composition focused on Unit: DANC2

Solo Composition: DANC 2
 Blind past paper compositions.
 Specific knowledge and application of good technical skills.
 Looking at improving and understanding the concept of Technical skills.
 Posture
 Confidence
 Action
 Space
 Dynamics
 Mobility
 Flexibility
 Strength
 Balance
 Co-ordination
 Stamina
 Control
 Alignment
 Concentration

Control Alignment Concentration Awareness of other dancers Home Study PLT: Journal completed weekly describing the lesson content, challenges faced, Practitioners covered and methods of composition explored.	Awareness of other dancers Solo Composition Performance Critical Appreciation Home Study PLT: Journal completed weekly describing the lesson content, challenges faced, Practitioner covered and methods of composition explored.
---	---

Spring term

Half term 1	Half term 2
<p>Theory Section A Revision</p> <p>Theory Section B: Analysing the five works in detail looking at the choreographic intention.</p> <p>Performance in a Group: Choreograph, rehearse and refine</p> <p>Group Composition with Year 13: Learning Year 13 Group performances.</p> <p>Solo Composition: Understanding the process of choreography, improvisation, motif development, refinement, performance and evaluation.</p> <p>Solo Composition Performance Critical Appreciation Offered feedback on performance and choreography.</p> <p>Home Study: PLT Journal Reflective writing on the process Essays on the five professional works Past Paper Section A Questions.</p>	<p>Theory Section A Revision</p> <p>Theory Section B: * Significance of Dance: Own work and that of Professional repertoire analytical response Significance of Dance Character Qualities Type and Treatment of Subject Matter Possible Meaning and Interpretation Clarity of Choreographic Intention Performance in a Group: Choreograph, rehearse and refine</p> <p>Group Composition with Year 13: Learning and refining the Year 13 Group performances.</p> <p>Solo Composition: Understanding the process of choreography, improvisation, motif development, refinement, performance and evaluation.</p> <p>Solo Composition Performance Critical Appreciation Offered feedback on performance and choreography.</p> <p>Home Study: PLT Rehearsal Reflective writing on the process Programme Note to support the dances created. Moderation preparation.</p>

Summer term

Half term 1	Half term 2
<p>Technique Class</p> <p>Theory Revision *Knowledge and Understanding of the demands made in practice and performance on the dancer Body in Space: Alignment & Posture Joints: Range of movement in relation to dancer and body in action, injury and prevention Strength: Muscular Endurance, Cardiovascular Endurance, Flexibility, Progression, Overload and resistance training. Co-ordination: Balance and Mind Technical Skills: In relation to a specific style/genre of dance. Plie, Turnout =Ballet Performance Skills: Focus, Musicality, Emphasis Timing and Phrasing Communicate Idea: Interpretation of character and projection with the audience for connection of dance idea. Performing with others: Awareness sensitivity and contact and use of space and timing. Safe Practice: Warm up studio environment and awareness of temp of room, clothing and footwear.</p>	<p>Written Examination</p>

Balanced Diet: Healthy exercise and Diet with hydrated body.
Treatment of injury: Protect, Rest, Ice, Compression and Elevation

* The process and craft of choreography: Own work and that of Professional repertoire.
Constituent Features of Dance: Action, Space, Dynamics & Relationships.
Numbers of dancers, physique, role, and gender.
Aural Setting: Silence, audible aspect of dancing, found sound and natural sound, the spoken word; music, sound effects.
Accompaniment: Direct Correlation, music visualisation, mutual coexistence, disassociation, enhancement of mood/atmosphere, identifies character narrative and call and response.
Physical Setting: Performance environment, (proscenium arch, site specific, informal or studio) Set, Costume, Lighting, Properties and Film
Starting Points: Analysis of abstraction and value of research into starting points.
Improvisation: Task based improvisation and approach to initiating movement ideas.
Experimentation: Benefits of experimentation of movement material and within the rehearsal studio.
Manipulation: Structuring ideas and developing the use of manipulation of choreographic methods.
Repetition, contrast, variation, motif development, highlights and climax, transitions, chance.
Structure/Form: Binary, Theme and Variation, Ternary, Rondo, Episodic Narrative, Collage and Chance.

Homework: Revision of Professional Works and Section A Questions.

Year Overview (Dance – Year 12)