

3 July, 2017

Dear Parent / Guardian

Understanding Your Child's Stress – My Teen Brain

I am pleased to invite you to a short information session on Understanding Your Child's Stress on Thursday 13 July. The session will start at 6:00pm and will finish by 7:00pm. It will be held in the school library.

The presentation will be delivered by the Public Health Team at Herts County Council and one of our parents. The session will cover the issues young people face between the ages of 11 and 13, consider the impact hormones have on the brain and provide you with strategies to support your child. The session is aimed at parents and carers with children in Years 7 and 8.

So that we can provide the right amount of refreshments, please either complete the slip below and ask your child to return it to main reception, or send a quick email to admin@nobel.herts.sch.uk.

I look forward to seeing you on the 13 July.

Yours sincerely

Miss Corrina Reeder
Associate Assistant Headteacher

Understanding Your Child's Stress – My Teen Brain – 6pm on 13 July

I would like to confirm attendance at the My Teen Brain Information Session

Name Student Name

Signed Date



"Ofsted 2014: The Nobel School is a good school"