

Subject: Sport

Level: OCR Cambridge Technicals in Sport



What is a OCR Cambridge Technical in IT

These are targeting learners aged 16+ in either a school or FE environment. They allow for greater flexibility with the choice of units that make up the qualification and are 100% internally assessed. In addition, the Level 3 qualifications have UCAS points supporting progression to Higher Education.

For more information visit [ocr.org.uk /Cambridge Technicals](http://ocr.org.uk/Cambridge-Technicals)

Cambridge Technicals are vocational qualifications at Levels 2 – 4 that have been developed on the Qualifications and Credit Framework (QCF).

These qualifications and the support materials, to offer your learners an exciting, inspiring and challenging qualification created to develop transferable skills that are essential in the workplace or further study. Students who are thinking of going into the sport industry as a sports therapist, physiotherapist, fitness instructor or sporting coach; this is the Tailor made to give the candidates the skills required to move on to these careers.

The two routes we are offering at Nobel are:

Qualification	Credit	Guided Learning Hours	UCAS Points
OCR Level 3 Cambridge Technical Subsidiary Diploma	90	540	D*D* = 210 D*D = 200 DD = 180 DM = 160 MM = 120 MP = 100 PP = 60
OCR Level 3 Cambridge Technical Diploma	120	720	D*D* = 280 D*D = 260 DD = 240 DM = 200 MM = 160 MP = 120 PP = 80

Course Structure

Year 12 Subsidiary

Unit 1 - Body Systems and the effects of Physical Activity (external exam)

Unit 2 – Sports coaching and activity leadership (internal)

Year 13 subsidiary

Unit 3 – Sports organisation and development (external exam)

Unit 8 – Organisation of sports events (Internal)

Unit 18 – Practical skills in sports and physical activities (Internal)

Year 12 diploma

Unit 13 – Health and fitness testing for sport and exercise (internal)

Unit 5 – Performance analysis in sport and exercise (internal)

½ of unit 17 – Sports injuries and rehabilitation (internal)

Year 13 diploma

Complete unit 17 from Year 12.

Unit 19 – Sport and exercise psychology (internal)

Unit 4 – Working safely in sport, exercise, health and leisure (external)

Unit 11 – physical activity for specific groups (internal)

NOTE: some units are different sizes and that is why there is not the same number of units per block. For example unit 1 requires 90 hours whereas unit 11 requires 30 hours.