

OCR AS Physical Education summer task

Using the grid below choose 1 classification for each example and mark on a continuum where you think it should go. Then write a brief description which explains why.

For example:

Putting in golf:



A player can practice putting from different distances but once they are on the course each putt is different. This is because of the speed of the greens, the different angles of the slopes and the weather conditions.

Gymnastics through vault	Wrist / finger action of Darts throw	Pass in rugby
Snooker shot	Penalty in football	Olympic Dive
Hammer throwing	Tennis serve	Hammer throwing
Judo	Trampolining sequence	Dance
Gymnastics floor routine	Receiving a pass in netball	Long Jump
Windsurfing	Swimming	Running
Lay up in Basketball	100m relay	Golf Putt