

Sport Faculty

YEAR 13 BTEC Advanced Subsidiary Diploma in Sports Studies

Autumn & Spring Terms

Unit 13 Leadership in Sport

Students will develop their understanding of the characteristics, qualities and skills required to be an effective leader. They will compare and contrast two sports coaches as leaders and highlight what their strengths and weaknesses are. Then they will plan and lead an activity session and tournament assessing how effective they are suggesting ways in which they could improve next time.

Students will also look at different types of exercise and then develop programmes to develop individual's fitnesses for two clients. They will assess the effectiveness of these programmes and lead one activity session

Unit 6 Sports Development

Students will look at how sport is organised in the community and look at the different types of provision local and private. They will also look at how different target groups are supported in the community. Also students will study how sporting tournaments are organised at local and national level.

Students will learn what is involved in organising a sports event and then evaluate what went well and how it can be improved for the future.