

Sport Faculty

Yr 10 OCR Cambridge National Certificated in Outdoor Education

Autumn Term

RO52 Developing sports skills

Students will develop individual skills in sailing and kayaking and by the end will:

learn how to use skills, techniques and tactics/strategies/compositional ideas as an individual performer in a sporting activity

learn how to apply practice methods to support improvement in a sporting activity

Spring & Summer Term

RO56 Developing knowledge and skills in outdoor activities

Students will:

- learn about different types of outdoor activities and their provision
- learn to understand the value of participating in outdoor activities
- learn how to plan an outdoor activity
- learn how to demonstrate knowledge and skills during outdoor activities

OCR Outdoor Education YEAR 11

RO56 Sports

ship: Taught Sept-Oct

Unit RO51 Contemporary issues in sport: Taught Nov-May

Students will learn about:

- The personal qualities, styles, roles and responsibilities associated with effective sports leadership
- Planning and delivering a sports activity session
- Evaluating the session which they have delivered

Students will learn about:

- The issues which affect participation in sport
- The role of sport in promoting values
- The importance of hosting major sporting events
- The role of national governing bodies in sport