

LONG TERM PLANS

Year Overview (PSHE – Year 10)

Humanities Faculty	
PSHE Year 10	
Autumn and Spring term	
Autumn	
<p>Mental Health</p> <p><i>Aims:</i></p> <p>1. 3. the characteristics of emotional and mental health and the causes, symptoms and treatments of some mental and emotional health disorders (including stress, anxiety and depression)</p> <p>1. 5. where and how to obtain health information, advice and support (including sexual health services)</p> <p>2.6. managing changes in personal relationships including the ending of relationships</p> <p>2.7. to develop an awareness of exploitation, bullying and harassment in relationships (including the unique challenges posed by online bullying and the unacceptability of physical, emotional, sexual abuse in all types of teenage relationship including in group settings such as gangs) and how to respond</p> <p>Key Assessment Activity: Discussions Group activities Teacher assessment</p>	