



LONG TERM PLANS

Performing Arts Faculty Dance Year 10

YEAR 2016/17

Autumn term

Half term 1

*Styles of Dance Unit / Ingredients of Dance theory

- Theory – Chapter 2 GCSE Book - Ingredients of Dance
- Technique / Fitness Class
- Styles
- Theory – Chapter 4 GCSE book - Dance Styles / Ingredients of Dance

Home Study: PLT

- Researching 3 different dance styles from the following list: Bollywood, Ballet, Ballroom, Tap, Graham, Contact Improvisation, Improvisation, Lindy Hop, Jazz, Musical Theatre, Limon, and Cunningham.
- Create a mood board based on Christmas. Think about how you could use 'Christmas' as a stimulus for dance and record any ideas you have.
- Theory based tasks

Half term 2

*Christmas Showtime Choreography Unit / Safe Dance Practice theory

- Technique / Fitness Class / Theory – GCSE Book – Chapter 3 – Safe Dance Practice
- Choreography

Home Study: PLT

- Journal logging the choreographic process
- Safe Dance Practice theory tasks

Spring term

Half term 1

*Professional Repertory / Aspects of production theory

- Technique / Fitness Class
- Professional Repertory / Analysis / Theory – GCSE Book - Chapter 7 – Aspects of Production

Home Study: PLT

- Researching the professional works covered
- Theory based tasks and rehearsals of Repertory learnt.

Half term 2

*Unit 2: Set Dance / Performing dances theory

- Set Dance / Theory - Chapter 6 – GCSE Dance book – Performing Dances.
- Set Dance 'Impulse'
- Set Dance 'Find It'

Understanding technical and expressive skills related to the art of performing dances.

Home Study: PLT

- Recording the set dance
- Creating rehearsal schedule focusing on technical and expressive skills

Summer term

Half term 1

*Unit 4: Task A Choreography / Swansong theory / Creating Dances theory

- Theory - Chapter 5 – GCSE Dance book – Creating Dances
- Choreography / Swansong
- Choreography Task A
- Technique / Fitness Class
- Choreography Task A

Home Study: PLT

- Rehearse in preparation for set dance EXAM
- Theory tasks based on the professional work 'Swansong'

Half term 2

*Group Choreography / Swansong theory / Creating Dances theory

- Theory - Chapter 5 – GCSE Dance book – Creating Dances
Choreography / Swansong
- Group Choreography
 - Technique / Fitness Class

Home Study: PLT

- Rehearse in preparation for set dance EXAM (Date TBC)
- Theory tasks based on the professional work 'Swansong'

Year Overview (Dance – Year 10)